



75 Ways to Celebrate the 75th Anniversary of NEAFCS

Check (✓) off each one suggested below as you complete it. How many can you complete by September 2009?

1	Plan to attend the big party at annual session in Birmingham, Alabama, September 15-18, 2009.
2	Donate \$75 to the NEAFCS Endowment Fund.
3	Have lunch with a new colleague to share the benefits of NEAFCS and invite them to join NEAFCS.
4	Apply to present a concurrent session for the 2009 annual session.
5	Invite a new FCS educator to join your state affiliate and pay his/her dues for the first year.
6	Reduce your daily diet by 75 calories and be a size smaller by Birmingham!
7	Encourage a new retiree to become a Life Member.
8	Visit your local/university library and find out what history/Extension FCS publications have been saved over the years.
9	Find old photos of Extension events and people and include in your state newsletter as a 75 th anniversary feature.
10	Buy yourself something you have wanted for a long time as a reward to yourself for the good work you're doing.
11	Celebrate your state affiliate's successes and highlights from the past 75 years.
12	Make a collection of all your newsletters and put them in a library collection.
13	Count all of your scarves . . .do you have 75?
14	Conduct a photo contest for pictures of your affiliate in action during the 75 th anniversary year. Display entries in a visible location throughout the year. Give prizes!
15	Swim 75 laps on your next visit to the pool.
16	Arrange for an affiliate Blood Drive with the local goal to collect 75 or more pints of blood for a local blood center.
17	Talk to someone about Extension FCS that knows nothing about it.
18	Write an article for the local newspaper about NEAFCS and what FCS has done for families in your area over the last 75 years.
19	Make special 75 th anniversary bookmarks and distribute statewide.
20	Find out about typical fashions of the 1930s; find a few photos and share them with colleagues for a few laughs!
21	Walk 25 minutes three times a week.
22	Invite FCS retirees to a state meeting to talk about early experiences in Extension – i.e., hats, white gloves, etc.
23	Look in your files for old copies of the Reporter and/or other Extension/4-H journals and send them to Jan Scholl in Pennsylvania to put them in a library collection.
24	Put together a collection of other publications you have written and make sure they are put into a library collection.
25	Take 75 minutes to get a Swedish massage.
26	Save 75 cents a day and contribute \$273.75 to the NEAFCS Endowment Fund.
27	Have a relaxing lunch with some FCS colleagues you haven't seen for awhile.
28	Apply for an award and encourage others to apply also.
29	Visit a lapsed member and invite them to rejoin NEAFCS.
30	Spend 75 minutes to clear out a corner of your office or a file cabinet!
31	Take a photo of each affiliate member. Make a collage with the photos and post on your webpage.

32	Write an article about the 75 th anniversary.
33	Plant a tree to commemorate the 75 th anniversary.
34	Have your affiliate historian start or update your “history.”
35	Plan a membership event using the 75 th anniversary as your theme.
36	Exercise at least 25 minutes three times a week.
37	Invite anyone who had/has a relative who was a NEAFCS member to a meeting to share thoughts.
38	Start a collection. Keep adding to your collection until you have 75 items.
39	Prepare a photo display that highlights activities of your affiliate today and in years past for use at in-service opportunities and association sponsored events.
40	Present a “longevity award” to a member with the longest membership in NEAFCS.
41	Take a 75 minute bike ride.
42	Make a 75 th anniversary banner and hang it outside your office or on a overpass in town.
43	Include the LivingWell campaign in 75 classes or articles.
44	Volunteer 75 hours of your time this year doing something you’ve never done before!
45	Learn about the first FCS or Home Economics educator in your county.
46	Hold an affiliate overnighter just for the fun. How did the women do it in 1934?
47	Place luminaries to light the path to any or all of your affiliate’s events. Place the name of a retired member on each bag to celebrate their contributions.
48	Take a .75 mile walk through a local park or other area to exercise your body, mind and soul.
49	Encourage members to research the Internet, universities or museums to find out about the history of Home Demonstration, Home Economics and Family and Consumer Sciences.
50	Call retirees and ask them for their favorite story about Extension.
51	Save \$7.50 a month and contribute \$90 to the NEAFCS Endowment Fund.
52	Take a Life Member to lunch.
53	Plan a celebration commemorating the 75 th Anniversary of NEAFCS by making the anniversary the theme of your awards banquet.
54	Take a ride in a 1934 automobile just for fun.
55	If your affiliate publishes a newsletter, have special articles about the history of your affiliate.
56	Interview and publish oral histories of NEAFCS pioneers.
57	Take a part in a community or university event through which your affiliate can promote the 75 th anniversary of NEAFCS.
58	Organize a community service project to commemorate 75 years of service. Enlist companies, organizations in the community to participate. Be creative!
59	Collect 75 nonperishable food items for a local food pantry.
60	Release 75 balloons to commemorate the 75 th anniversary.
61	Conduct a Member of the Month/Quarter/Year challenge.
62	Spend 75 minutes at a museum or cultural center you’ve never visited before.
63	Apply to be on a national committee.
64	Make a time capsule. Have each member contribute an item that represents him/her. Set a date for when to open the capsule. How about 2084?
65	If you haven’t looked at the stack(s) of stuff in your office for more than 75 days . . . lose it!
66	Explain Cooperative Extension to 75 new people.
67	Write a note to a retired educator that you haven’t seen for a while and tell them you’re thinking of them.
68	Work with your affiliate to promote recognition of NEAFCS’s 75 th Anniversary in correspondence, newsletters or other media.
69	Have a 75 th NEAFCS Anniversary party in your state at a statewide meeting of all Extension professionals.
70	Write an article about NEAFCS and Extension for the newsletter of your state affiliate of AAFCS.
71	Write a note to a colleague that is doing a good job and tell them so!
72	Spend 75 minutes a month organizing your photo albums.
73	Send historical photos to the NEAFCS Historian (electronically or printed).
74	Reminisce with colleagues about the first NEAFCS Annual Session you attended.
75	Celebrate that you are an Extension Educator!