

**150 Educational Opportunities! What a great Annual Session** *Pat Brinkman (OH), Vice President for Professional Development* 

Wow! What a great virtual conference! A big thank you and congratulations to the past Board and our management company for putting it together in a short time. The platform worked great and was easy to use. I know we all appreciate the work they did to put on this excellent virtual conference.

Our presenters did an excellent job, too. We had 71 Concurrent Sessions, 28 Ignite Sessions and 41 Showcase of Excellence

posters. We also had 10 Exhibit Forums. I hope you were able to attend many of the concurrent sessions and take advantage of viewing others before November 14<sup>th</sup>. Allowing us to continue to view the presentations until November 14<sup>th</sup> was appreciated. Although the virtual conference worked well, I really missed seeing and talking with you in person as I am sure many of you did. It is so good to talk to a friend from another state in-person.

## A few comments:

**Grocery Shopping Challenge** - "A shopper is challenged to spend \$12 to purchase one food from the 5 food groups of My Plate with good nutrition in mind. They assessed their selections to decide if there were better choices." Marcia

**Nutrition for Healthy Aging** - Excellent nutrition program for aging adults with researched impacts. Sue

Wellness Activities – Wow! I participated for the first time at a conference. Jan

Thanks to our management company for providing us with information about who visited our Showcase of Excellence posters and numbers for attendance in our Concurrent or Ignite sessions. These will help with end-of-the-year reports.