

Type	Title	Track	30 Word Summary	ST	Team Member Names
Concurrent	Kids in the Kitchen Virtual Cooking Club	4-H and Youth Development	Kids in the Kitchen Virtual Cooking Club is a hands-on, virtual program that teaches youth and their families nutrition, food safety, and cooking skills to increase self-efficacy in the kitchen.	GA	Zoe Soltanmammedova, MaryBeth Hornbeck, Siew Guan Lee
Concurrent	Teen Cuisine @ Home: A Remote Cooking Program for Teens from Limited-Resource Families during the COVID-19 Pandemic	4-H and Youth Development	Learn to implement Teen Cuisine @ Home in your community to successfully improve critical thinking and practical skills of youth and improve food security and dietary quality through remote education.	VA	Stephanie Diehl, Elena Serrano, Sarah Misyak, Tonya Price
Concurrent	The Nation's Attention is Investing in The Early Childhood Professional Workforce. Why Extension Educators Should take Notice and Join the Conversation.	Child Care/Child Development/ Parenting	Examine with us the key components, research and strategies necessary to create a vibrant early childhood professional workforce ready to meet all young children in core areas of development.	OH	Marie Economos
Concurrent	Teaching Children Foundational Life Skills	Child Care/Child Development/ Parenting	Teaching parents child behavior management techniques to develop children's foundational life skills. Strategies and tools can be used in Extension programming to increase behavior changes and impact.	AZ	Christy Stuth, Ashley Dixon, Debbie Curley
Concurrent	Understanding Internet Information Usage among Parenting Newsletter Website Users	Child Care/Child Development/ Parenting	A national network of Extension Specialists has developed and delivered research-based, age-paced parenting newsletters via email and website to provide parents with timely and relevant information about their child's development.	NV	YaeBin Kim, Silvia Vilches, Anne Clarkson
Concurrent	Extension Extras: Development of a suite of programs for parent education, professional education, and family engagement in a virtual environment	Child Care/Child Development/ Parenting	Learn about responsive resources developed to support parents, families, early childhood professionals and community partners in the pandemic environment using virtual programming, digital resources, and take home kits.	MI	Courtney Aldrich, Carrie Shrier
Concurrent	Bestowing Children with Superpowers	Child Care/Child Development/ Parenting	HERO'S Story Time is a reading and activity program promoting preschoolers' social emotional development focused in the 40 Developmental Assets by supporting teachers and families with curriculum guides and newsletters.	IN	Allison Hillis, Barbara Beauieue
Concurrent	Development and Implementation of a Parenting Program for Parents of Lead Exposed Children	Child Care/Child Development/ Parenting	Learn about the development and implementation of a parenting education program for parents of lead-exposed children with a paired child-focused program, as well as adaptations made for the coronavirus pandemic.	MI	Carrie Shrier, Kevin Zorowski, Anne O'Rourke-Bean, Patti Marrs
Ignite	Parental Marital Transitions During Adolescence: Experiences with Supportive Resources and Relationships in the Context of the Rural-Urban Spectrum	Child Care/Child Development/ Parenting	This qualitative study identified young adults' (n=47) experiences with supportive resources and relationships as they adapted to a parental marital transition during adolescence within urban, suburban, and rural communities.	MT	Carrie Krug, J. Mitchell Vaterlaus, Brianna Routh
Ignite	Virtual Parenting during COVID-19	Child Care/Child Development/ Parenting	Virtual parenting services have been provided to families during COVID-19 while we can't meet face-to-face. We used several online tools such as Zoom, Facebook, and Youtube to share parenting information.	NV	YaeBin Kim
Award	Financial Management Award in Memory of Dean Don Felker - USE LESS, SPEND WISE Challenge: Promoting Comprehensive Family Resource Management	Financial Management	Learn about a FRM initiative designed to help constituents increase consumer mindfulness. Participants explored ways to "use less, spend less, and stress less" while maximizing their resources, budgets, and relationships.	KY	Nichole Huff, Kelly May
Award	Master FCS Volunteer Program Award - Evoking Change: UMD Extension FCS Master Money Mentors Volunteer Training	Financial Management	UME's MMM program trains volunteers to strengthen their own personal finance skills, gain enjoyment in helping others, and help low to moderate income individuals to improve or develop their positive financial behaviors.	MD	Dorothy Nuckols, Crystal Terhune
Concurrent	Virtual Financial Education during COVID-19 Pandemic: Building State Partnership for Significant Statewide Outcomes.	Financial Management	County research-based low-income household financial education attracted state government partnership for statewide virtual education during the COVID-19 Pandemic. Participants would learn from the program planning, design, implementation, and significant outcomes.	MD	Michael Elonge
Concurrent	Online Homebuyer Education: Tapping into an Untapped Market for Financial Management Programming	Financial Management	With increased demand for online education, Utah State University Extension online homebuyer education course helps consumers nationwide implement financial strategies and make informed decisions regarding personal finances and housing choices.	UT	Melanie Jewkes, Stacy Abbott, Teresa Hunsaker, Ellie Hansen

Concurrent	Promoting Family Resource Management: USE LESS, SPEND WISE Challenge	Financial Management	The COVID-19 pandemic adversely affected families in many ways, included strained resources, finances, and relationships. Learn about a statewide pilot program for family resource management education that integrates these areas.	KY	Nichole Huff, Kelly May
Concurrent	Soup to Nuts: Home Care and Maintenance Education Goes Virtual	Financial Management	Home care and maintenance education covers many topics. A team of Extension agents developed a comprehensive, compact, and visually engaging 30 minute presentation for online programming.	FL	Lisa Hamilton, LuAnn Duncan, Katherine Allen, Jenny Rodriguez, Johanna Gomez, Judy Corbus, Sarah Ellis, Cyndi Longley, Halie Corbitt, Terri Keith, Natasha Parks, Laurie Osgood
Concurrent	Understanding the Needs of Low Income Audiences	Financial Management	This session presents results from a focus group of low income audiences and their perceptions of finance classes. Participants will learn to tailor education to the needs of this audience.	MD	Catherine Sorenson
Concurrent	Financial Management Education in a COVID World	Financial Management	For many Americans homeownership is an essential part of the American Dream. However, building credit and purchasing a home a can be overwhelming. We offer online financial management education.	FL	Laurie Osgood, Lisa Hamilton, Natasha Parks, Johanna Gomez-Ramirez, Jennifer Rodriguez, Cindy Longley, Halie Corbitt, Judy Corbus, Sarah Ellis
Ignite	Take Action, Don't Lose Qualification for Public Service Student Loan Forgiveness	Financial Management	Employees of public and nonprofit organizations are eligible for Public Service Loan Forgiveness and have student debt balances paid by the federal government. Know how to qualify, not lose out.	MD	Dorothy Nuckols
Ignite	Engaging Youth in Entrepreneurship	Financial Management	Educators from 4-H, FCS, and Agriculture collaborated to expose youth to animal science focused entrepreneurship. The youth learned to develop and implement a business plan using a value added commodity.	MD	Jesse Ketterman, Ashley Travis
Ignite	Public Housing Resident Advisers and Money Management Education: The Effect on Tenant Rental Evictions	Financial Management	This program provides money management education to public housing resident advisers as an enhancement to help tenants in need of assistances to pay rent timely to prevent evictions.	MD	Michael Elonge
Award	Innovative Youth Development Program Award - Virtual Farm to You: Overcoming Youth Education Barriers Through a Different Lens	Food and Nutrition	The pandemic brought our interactive Farm to You travelling exhibit to a halt. Recognizing the new normal future impact, we developed Virtual Farm to You: an engaging virtual exhibit.	OK	Jenni Klufa, MS, RD, LD and Becky Brown
Concurrent	Just for the Health of It: Home Edition	Food and Nutrition	Just for the Health of It: Home Edition is a unique program that meets today's nutrition education needs by providing the latest research-based information to a wide-range of diverse audiences.	GA	Rebecca Hardeman, Keishon Thomas, Diandria Barber
Concurrent	Kids Cooking and Baking Schools Go Virtual	Food and Nutrition	Conference participants will 1) gain knowledge of the methods to reach children and families; 2) explore pieces of the food/nutrition curriculum; and 3) know how to apply similar techniques.	ND	Julie Garden Robinson
Concurrent	Collaboration = The Secret Ingredient for a Healthier Childcare Environment	Food and Nutrition	Collaboration between community and federal organizations led to the success of the Multi-Level Healthier Childcare Environment policy, system and environmental intervention to improve nutrition behaviors in childcare homes.	MI	Dawn Earnesty, Tyler Becker, Shelley Frazier
Concurrent	Hooking consumers on the Dietary Guidelines for American's seafood recommendations	Food and Nutrition	Seafood is a healthy, under consumed recommendation in the Dietary Guidelines for Americans. To address this deficiency a program was developed to create awareness of production, nutrition, and health benefits.	NJ	Christine Zellers, Joanne Kinsey
Concurrent	Support School Gardening Throughout the School Year—September through May!	Food and Nutrition	Learn to support food and nutrition education through schoolyear gardening, applying research-based leadership concepts. Delve into September-May garden cycles, resources needed, and indoor and outdoor growing techniques appropriate for schools.	OH	Carol Smathers, Timothy McDermott
Concurrent	A Panel Discussion on the Remote Delivery of the Diabetes Prevention Program: Key Components and Examples from Cooperative Extension	Food and Nutrition	This session will focus on key components for delivering the National Diabetes Prevention Program (NDPP) using distance learning platforms. Three panelists will highlight their lessons learned from implementation of NDPP.	MN	Kate Welshons, Nikki Johnson, Bridget Morrisroe-Aman
Concurrent	Taking a New Look at Fermented Foods	Food and Nutrition	There is renewed interest in preparing fermented foods in your kitchen. A fact sheet, leader's guide and teaching videos will show how to make tasty ferments with reported health benefits.	KS	Donna Krug

Award	Food Safety Award - The Power of your Pantry	Food Safety/Food Security	Offered during the onset of the pandemic, the three part "Power of your Pantry" series highlighted ways to create nutritious meals using items on-hand in your kitchen, refrigerator, and pantry.	KY	Angie York, Cecelia Hostilo, and Jill Harris
Concurrent	Safe Food = Healthy Kids: Food Safety for Childcare Providers	Food Safety/Food Security	Food Safety education for childcare providers is critical. Learn about Safe Food = Healthy Kids, including best practices for food safety at childcare and how-to implement this curriculum locally.	MI	Kara Lynch, Laurie Messing, Lisa Treiber
Ignite	Early Childhood/Child Care Training Award - Success with Safe Food = Healthy Kids	Food Safety/Food Security	Safe Food = Healthy Kids is a comprehensive food safety program for childcare providers. MSU Extension shares their accomplishments educating childcare providers and how you can access this curriculum.	MI	Kara Lynch, Laurie Messing, Lisa Treiber
Award	Community Partnership Award Winner - At-Home Activity Packets for Youth During COVID-19 Pandemic	Health: Emotional, Mental, Physical and Substance Use	This presentation will highlight a project designed to reach youth in southeast Missouri during the early stages of the pandemic when the local schools were closed without plans for virtual education.	MO	Bethany Bachmann
Award	Innovation in Programming Award - Driveway Walk-a-Weigh: A Socially Distanced In-Person Program During COVID-19	Health: Emotional, Mental, Physical and Substance Use	Driveway Walk-a-Weigh provided program participants with a socially distanced, safe learning environment to enhance nutrition and wellness education and to inspire the establishment of regular physical activity.	GA	Brad Averill
Concurrent	Mixing in Everyday Mindfulness into Extension Programs	Health: Emotional, Mental, Physical and Substance Use	This session will focus on one Extension's efforts to include concepts of mindfulness knowledge and skills in a variety of programs with a goal of improving mental health of participants.	MI	Sean Knurek, Holly Tiret, Nicole Wethington
Concurrent	Helping Families Stay Active during a Pandemic Utilizing Facebook Groups	Health: Emotional, Mental, Physical and Substance Use	During the pandemic, Facebook groups proved successful in motivating youth and their families to stay active. This session will highlight best practices for implementing a virtual running club.	NE	Hannah Guenther, Mariah Newmyer, Donnia Behrends, Beth Nacke
Concurrent	Adding Greater Depth to Programming Using the Mindfulness Activity Guide for Adults	Health: Emotional, Mental, Physical and Substance Use	Educators can add greater depth to existing programs and promote emotional resilience and overall well-being among communities by incorporating mindfulness activities from the Mindfulness Activity Guide for Adults.	MD	Erin Jewell, Dhruvi Patel, Amy Rhodes
Concurrent	Extension's Innovative Initiative to Educate Older Adults about Non-Pharmacological Approaches to Pain Management and Opioid Misuse Prevention	Health: Emotional, Mental, Physical and Substance Use	The session focuses on an initiative to reduce pain and opioid misuse in older adults. Program activities will be described and project evaluation and funding will be highlighted.	MI	Dawn Contreras, Christi Demitz, Georgina Perry, Sean Knurek, Holly Tiret, Pamela Daniels
Concurrent	How to Implement a Trauma Informed Care State Team	Health: Emotional, Mental, Physical and Substance Use	This session introduces you to Trauma 101, suggestions for creating a statewide Trauma-Informed Care team, and collaborating within extension and community agencies to educate individuals who have experienced trauma.	OH	Bridget Britton, Jami Dellifield, Amanda Raines, Candace Heer, Laura Stanton, Kathy Tutt, Misty Harmon, Lorissa Dunfee, Whitney Gherman, Courtney Woelfl, Imani Scruggs, Sandra Allison, Steve Brady, Karima Samadi, Ken Stewart, Alisha Barton, Frances Foss, Marissa Mulligan, Grace Peach-Storey, Travis West, Joseph Maiorano
Concurrent	Culture and Resilience of Farmers	Health: Emotional, Mental, Physical and Substance Use	Extension agents provided a professional development series for clinicians on the culture of farmers. This series helped clinicians identify and respond to the most relevant mental health issues for farmers.	MD	Alexander Chan, Maria Pippidis, Bonnie Braun, Laurie Wolinski
Concurrent	Suicide Prevention Training for Supporters of the Farm Community	Health: Emotional, Mental, Physical and Substance Use	Suicide Prevention Training for Supporters of the Farm Community	IA	David Brown, Dawn Dunnegan, Danielle Day
Concurrent	Socially Distant Wellness Activity Programs: Celebrating Wellness during a Pandemic	Health: Emotional, Mental, Physical and Substance Use	Increasing physical activity and eating well can be challenging despite a global pandemic. This session will explore four wellness programs piloted in 2020 to improve social connectedness while apart.	IL	Kristin Bogdonas, Susan Glassman, Lisa Peterson
Concurrent	Extension's Role In improving Soldier Readiness Through Strategic Partnerships	Health: Emotional, Mental, Physical and Substance Use	Extension can play an integral role in meeting the needs of the geographically dispersed military service members and their families, thus helping to improve mission readiness of the total force.	FL	Virgilia Zabala, Wendy Dahl, Suzanne Fundingsland, Kimiko Griffin, Lori Johnson, Twyla Leigh, Brenda Marty-Jimenez, Amy Mullins, Andrea Nikolai, Karla Shelnett
Concurrent	Mental Health First Aid (MHFA) - Paving the Way to Increased Awareness and Reduced Stigma	Health: Emotional, Mental, Physical and Substance Use	The MHFA curricula is an evidence-based program that teaches how to identify and respond to signs of mental health and substance use challenges. Learn about trainer certification and more.	PA	Jacqueline Amor-Zitzelberger, Cynthia Pollich, Denise Continenza, Maria Tejada, Rozalia Horvath, Darlene Sansone

Ignite	Wellbeing Bingo: A 'whole person' employee centered approach to Employee Wellness Program	Health: Emotional, Mental, Physical and Substance Use	To help lower health care costs, the educator worked with the county health care provider to provide a no-cost wellness activity that incorporates the 5 pillars of well-being.	FL	Angelika Keene, Kelly Freno
Ignite	Family Health and Wellness Award - Healthy Georgia Wellness Curriculum	Health: Emotional, Mental, Physical and Substance Use	A grab and go health and wellness curriculum with fifteen lessons designed to improve participants' physical, cognitive and emotional well-being in order to lead healthier, happier and less stressful lives.	GA	Susan L. Moore, Rachel Stewart, Georgeanne Cook, Joan Koonce, Lisa Jordan, Rachel Hubbard, Denise Everson, Kisha Faulk, Jacquelyn Ogden, Ali Berg
Ignite	School Wellness Award - Be Physically Active 2Day!	Health: Emotional, Mental, Physical and Substance Use	The Balanced Energy Physical Activity 2.0 Toolkit is a low-cost, evidence-based resource developed specifically to support obesity prevention efforts in low-income educational environments. Educators receive training to provide programming that fit their needs.	OR	Katie Ahern
Ignite	SNAP-Ed/EFNEP Educational Program Award - LIFTing Health in the South Central District of North Carolina	Health: Emotional, Mental, Physical and Substance Use	Using the LIFE curriculum (developed by Virginia Cooperative Extension), agents in four counties partnered to improve people's physical activity and nutritional intake through face-to-face programming and virtual delivery during COVID.	NC	Rhonda Peters and Der Holcomb
Award	Mary W. Wells Memorial Diveristy Award National Winner - The Aging Mastery Program Alleviates Ageism	Life Span Development	Ageism is a growing form of discrimination. This presentation will describe methods to implement the Aging Mastery Program to support older individuals and reduce the stigma of aging.	WI	Renee Koenig and Mary Ann Schilling
Concurrent	Responding to the Mental/Emotional Impact of Social Isolation and Loneliness on Older Adults During the COVID-19 Pandemic	Life Span Development	Access to resources, tools and best practices built capacity within individuals, families, and communities in responding to and mitigating impacts of social isolation and loneliness during the COVID-19 Pandemic.	WI	Sara Richie, Ruth Schriefer
Concurrent	Healthy Aging Intervention to Maintain Independence and Slow Sarcopenia	Life Span Development	Reducing risk of sarcopenia is essential to maintaining independence as we age. This session will provide steps to implement an evidence-based, strength training program for older adults.	FL	Wendy Lynch, Jana Anderson
Concurrent	Pickleball for Sedentary Mid-Life and Older Adults in Rural Utah: A Pilot Study	Life Span Development	A six-week study aimed at improving the health and wellness of rural mid-life adults found that Pickleball is an effective intervention to overcome exercise barriers and improve health.	UT	Callie Ward, Paige Wray, Cindy Nelson, David Bolton, Chris Dakin, Brennan Thompson, Debasree DasGupta, Matthew Vierimaa, Sandra Sulzer
Concurrent	How Much House Can I Buy? Teaching Housing Affordability in Online Home Buyer Workshops	Sustainable Living	First-time homebuyers need to understand how debt-to-income ratio affects housing affordability and approval for a home mortgage loan. This session will provide three teaching techniques for agents.	FL	Cyndi Longley, Lisa Hamilton, Katherine Allen, Halie Corbitt, Judy Corbus, LuAnn Duncan, Sarah Ellis, Johanna Gomez-Gonzalez, Terri Keith, Laurie Osgood, Natasha Parks, Jenny Rodriguez
Concurrent	Once Lost, Now Found: FIND - A Solution to Reduce Clutter	Sustainable Living	The Healthy Homes curriculum FIND (Focusing on Important Necessities in Your Dwelling) was developed to help people reduce clutter to improve personal well-being and create a safer home environment.	GA	Susan Moore, Laura Smith, Diane Bales, Pamela Turner
Concurrent	When Your Health Insurance Plan Says No: How to Avoid, Prevent, and Solve Surprise Conflicts	Sustainable Living	Conflict resolution is stressful, especially when health and finances are at stake. Health insurance disputes usually arise from claim denials or surprise bills. Learn how to resolve and avoid them.	MD	Dorothy Nuckols, Lisa McCoy, Jesse Ketterman, Catherine Sorenson, Maria Pappidis
Award	Mary W Wells Memorial Diveristy Award Regional Winners - Idaho's Coming Together for Racial Understanding	Teaching/ Program Development/ Leadership/ Community and Economic Development	Racial understanding trainings were implemented between 2018-2021 in Idaho. Over 300 participants reported an increase in racial and ethnic relations awareness and to better and more equitably serve diverse audiences.	ID	Surine Greenway, Jackie Amende, Andrew Bingham, Nic Usabel, Sindy Martinez
Award	Mary W Wells Memorial Diveristy Award Regional Winners - Information Everyone Can Understand	Teaching/ Program Development/ Leadership/ Community and Economic Development	During the pandemic, Ivelisse joined efforts with county organizations and agencies providing food safety information that was translated into seven languages, to inform and educate her county's diverse community.	NC	Ivelisse Colón
Award	Program Excellence Through Research Award - Barriers that Prevent Program Participants from Completing EFNEP Program Food Talk Sessions	Teaching/ Program Development/ Leadership/ Community and Economic Development	UGA EFNEP program supervisors from six rural and urban counties in Georgia conducted the qualitative study "Barriers that Prevent Program Participants from Completing Expanded Foods and Nutrition Education Program (EFNEP) Food Talk Sessions.	GA	Rhea Bentley, Ines Beltran, Susan Moore, LaZavia Grier, LaKeisha Levi, Cindee Sweda
Ignite	Mental Health Issues for Farmers, Their Families, and Their Communities	Teaching/ Program Development/ Leadership/ Community and Economic Development	A presentation on the development and delivery of The Mental Health Issues for Farmers, Their Families, and Their Communities video program and dissemination to rural and professional audiences.	OK	Matthew Brosi, Jordan Shuler, Shannon Ferrell

Ignite	Human Development and Family Relationships Award - The Literacy Link: Building relationships in justice-involved families through reading.	Teaching/ Program Development/ Leadership/ Community and Economic Development	The Literacy Link partnered with jails, family agencies, and public and tribal libraries to connect children and parents in justice-involved families through literacy-rich experiences and environments.	WI	Elizabeth Lexau
Ignite	Garden to Table Lessons Learned	Teaching/ Program Development/ Leadership/ Community and Economic Development	To encourage healthful eating patterns a gardening and nutrition education program was designed on garden to table living. Lessons learned from this program will provide professionals with resources and examples.	NJ	Christine Zellers
Ignite	Extension Housing Outreach Award	Teaching/ Program Development/ Leadership/ Community and Economic Development	Housing Education is a very important topic for my county clientele. With our increasing local demand on housing, it is essential that people are educated on the homebuying process through our First Time Homebuyers' Workshops.	TN	Michelle Parrott
Concurrent	Storybooks and STEM	Teaching/ Program Development/ Leadership/ Community and Economic Development	Building upon the Collaborative Summer Library Program, this new early childhood resource brings the excitement of literacy and STEM to children, families and early childhood educators.	NE	Sarah Roberts, Jackie Steffen
Concurrent	How mentoring programs can impact success in Extension	Teaching/ Program Development/ Leadership/ Community and Economic Development	Mentoring programs can help new employees achieve success in their Extension careers. Learn what the literature reveals about their purpose, structure, and value as well as tools to evaluate them.	MD	Lisa McCoy
Concurrent	Milk Run 5k (The greatest run there never was)	Teaching/ Program Development/ Leadership/ Community and Economic Development	The Milk Run 5K promotes physical activity for families while increasing awareness of Extension. This session will cover logistics for planning, implementing, and evaluating Extension-based races, successes and lessons learned.	FL	Jana Anderson, Jenny Rodriguez, Virgilia Zabala, Melinda Souers
Concurrent	Family Consumer Sciences Agent works with Farmers and Community Partners to Provide Access to Affordable Produce	Teaching/ Program Development/ Leadership/ Community and Economic Development	FCS agents work with farmers and community partners to provide access to affordable, fresh, local produce. Learn the different approaches to support community and economic development in an urban setting.	FL	Natasha Parks
Concurrent	Impact of Extension and Outreach on STEAM Education and Career Goals of School Students	Teaching/ Program Development/ Leadership/ Community and Economic Development	A post evaluation of 116 students engaged in the STEAM program demonstrated positive impact of Extension's outreach on students' career goals through the EXERT (Extension Education and Research Track) program.	MD	Lila Karki
Concurrent	Impact Challenge: Fashion with a Purpose	Teaching/ Program Development/ Leadership/ Community and Economic Development	The "Impact Challenge: Fashion with a Purpose" program is a replicable model that combines fashion, entrepreneurship, and community engagement to enable students to have a positive impact on their communities.	WV	Cheryl Kaczor, Dana Wright, David Roberts, Lauren Prinzo, Carrie White, Colleen Moretz, Angela Uriyo
Concurrent	Victory2020 Garden Growth Through Partnership	Teaching/ Program Development/ Leadership/ Community and Economic Development	Extension efforts were able to reach over 225,000 participants in the areas of gardening, well-being, food safety, history, and careers through a highly cross-programmatic collaboration in a virtual format.	FL	Halie Corbitt, LuAnn Duncan, Heather Janney
Concurrent	Building Empathy in the Workplace	Teaching/ Program Development/ Leadership/ Community and Economic Development	Seeking ways of improving workplace climate and culture after a year of quarantine? Learn concrete skills for empowering people in the workplace.	AZ	Debbie Curley, Christy Stuth, Jennifer Argyros, Ashley Dixon
Concurrent	Cooking "Online" Matters: Taking Cooking, Nutrition, or Food Safety Classes Online Works	Teaching/ Program Development/ Leadership/ Community and Economic Development	Discover how this Team took the hands-on "Cooking Matters" nutrition, meal planning, and food preparation curriculum and piloted it to be a successful online course with homework.	OH	Lisa Barlage, Debra Calvin, Denise Scharfetter, Johnna Miller
Award	Social Media Education Award - Using Social Media for Programming "Walk N Talk – Rethink Your Drink!"	Technology and Social Media	Due to COVID, the FABLOW AgriLife team acted quickly and created an online version of Walk N Talk: Rethink Your Drink! using social media. Learn the different techniques and platforms used to implement their online program.	TX	Jocelin B. Villarreal, Druann Benavides, Jessica E. Faubion, & Nicole Demmer
Ignite	Creating a Technology-Based Learning Community for Youth	Technology and Social Media	A statewide, cross-disciplined collaboration developed a virtual learning community to provide youth a healthy living summer camp focusing on emotional well-being using digital learning strategies and tools.	FL	Wendy Lynch, Heather Janney, Kimber Sarver, Nicole Crawson, Brandi Yancy, Jessica Emerson, Daniel Gonzalez, Sandy Hernandez, Allison Leo
Ignite	Excellence in Multi State Collaboration Award - Creating a Technology-Based Learning Community for Youth	Technology and Social Media	A statewide, cross-disciplined collaboration developed a virtual learning community to provide youth a healthy living summer camp focusing on emotional wellbeing using digital learning strategies and tools.	FL	Wendy Lynch, Heather Janney, Daniel Gonzalez

Ignite	Marketing Package Award - Fill Your Pantry: Home Food Preservation	Technology and Social Media	Illinois Extension educators reached 1.8 million with their marketing efforts for the Fill Your Pantry: Home Food Preservation webinar series and 31 Days of Home Food Preservation social media campaign.	IL	Diane Reinhold and Jenna Smith
Concurrent	Best practices for Building a Virtual Program That Works!!	Technology and Social Media	This session focuses on best practices of building a sound framework that ensures learned-centered virtual educational programs. Presenters will also share an overview of the training content and outcomes.	MD	Dhruvi Patel, LisaMcCoy
Award	Extension Disaster Education Award - Preparing for the Cascadia Subduction Zone Event	Trending Topics	A NIFA Smith-Lever Special Needs Competitive Grant was secured to help the Pacific Northwest become aware and prepared for the M9.0 earthquake and resulting tsunami through an online learning system.	OR	Glenda Hyde
Ignite	Team Creates Brave Space to Increase Racial Understanding and Foster Connections Online with 168 Extension Colleagues	Trending Topics	Nationwide cries against racial injustice escalated as COVID-19 hindered in-person gatherings. Our Coming Together for Racial Understanding team collaborated with Everyday Democracy as first Extension system to hold dialogues online.	VA	Crystal Tyler-Mackey, Glenn Sturm, Thomas Woodson
Ignite	Expanding Extension's Healthy Lifestyle Outreach During the Pandemic in 2020	Trending Topics	Live Well, Work Well, Stay Healthy was successful using virtual outreach methods (text messages, newsletters, online video) to educate Rutgers employees in 2020 to relieve the stress of work-from-home restrictions.	NJ	Joanne Kinsey, Rachel Tansey
Ignite	Environmental Education Award - Environmentally Friendly Tablescape	Trending Topics	In an effort to minimize the amount of household waste put into landfills by home redecoration, a lesson was taught implementing an environmentally friendly approach to home décor and remodeling.	KY	Angie York
Concurrent	Empowering the Resilient Paraprofessional	Trending Topics	This state-wide effort identified new and sudden knowledge and technology skill gaps among paraprofessionals during pandemic social distancing. We served our audience, collectively recognizing new approaches to delivering nutrition education.	FL	Angela Hinkle, Rachel Biderman, Pamela Bradford, Danielle De Vries-Navarro
Concurrent	Cognitive Interviews: A Valuable Tool for Writing Effective Survey Questions and Understanding Your Participants and Community Stakeholders	Trending Topics	This program is for anyone who wants to improve their programmatic surveys. We will explore cognitive interviews, an easy and inexpensive method for writing effective survey questions.	AZ	Katherine Speirs, Courtney Aldrich, Carrie Shrier, Courtney Luecking, Audrey Rider, Kyleigh Sullivan, Jodi Nerren
Concurrent	Maintaining Relationships by Meeting the Needs of Mandated and Underserved Participants During a Pandemic	Trending Topics	Educators create engaging environments, overcome obstacles, and reshape court-mandated instruction, and programming for underserved audiences, to meet the needs of the communities while maintaining existing relationships during the pandemic.	OH	Roseanne Scammahorn, Misty Harmon
Concurrent	Balancing Life Series Equips 2600 Adults with Tools to Navigate Family, Work and Personal Challenges in a Pandemic	Trending Topics	Adults face unprecedented decision-making needs regarding acquiring food, avoiding coronavirus, schooling children while working, and managing stressors associated with COVID-19, politics, and racial injustice. Our highly-effective webinar series provides support..	VA	Crystal Tyler-Mackey
Concurrent	Utah Extension's COVID-19 Messaging Campaigns Show Impact and Reach Through Strong Collaborations	Trending Topics	Utah Extension collaborated with partners to create and disseminate COVID-19 health guidance via media campaigns and on-the-ground efforts to reach impacted communities. Results showed improvements in awareness, attitudes, and behaviors.	UT	Gabriela Murza, Melanie Jewkes, Celina Wille, Cynthia Lyman, Emma Parkhurst, Ashley Yaughner, Tim Keady, Paige Wray, Teresa Hunsaker, Mike Whitesides, Dennis Hinkamp
Concurrent	Helping couples during COVID and beyond: A statewide initiative to disseminate evidence-based relationship education programming	Trending Topics	This session describes a new statewide initiative to disseminate evidence-based relationship education programming through Extension services, balancing scientific effectiveness with population-level reach to achieve substantial public health impact.	IL	Karla Belzer, Cheri Burcham, Tessa Hobbs-Curley, April Littig, Melissa Bramlet, Susan Sloop, Judy Schmidt, Sheri Merry, Dr. Allen Barton
Concurrent	How to Pull an Audience to your Session: An Analysis on Conference Data	Trending Topics	The 2020 NEAFCS virtual session provided an opportunity to collect data on session activity. By analyzing this data, valuable findings were identified including key variables that contribute to well-attended sessions.	ID	Andrew Bingham, Jackie Amende-Lewis, Surine Greenway
Concurrent	You ARE a SUPERHERO! (But that doesn't mean you can't say NO!)	Trending Topics	Our abilities and skills are diverse and impactful, but we have our weaknesses as well. Superman has Kryptonite and the extension superhero faces burnout and stress that impact job performance.	OH	Jami Dellifield, Amanda Raines, Tori Kirian

Concurrent	Successful Face-to-Face Programing in a Covid World	Trending Topics	Learn strategies for holding safe face-to-face programs for youth and families in a Covid world. Understand what nonpharmaceutical Interventions (NPI) are and how to effectively minimize risk of disease transmission.	UT	Cindy Nelson
Concurrent	Dining with Diabetes Goes Virtual!	Trending Topics	COVID-19 forced states to get creative with Dining with Diabetes. Join the National Dining with Diabetes Leadership Team and learn tips and tricks to delivering DWD in a virtual platform.		National Dining with Diabetes Leadership Team
Ignite	Extension Educator of the Year			OH	Melinda Hill