

# 2021 NEAFCS Annual Session

## VIRTUAL MEETING AGENDA

(Updated 9/17/2021. This document is a working document and subject to change.)

**All times are EDT (Eastern Daylight Time) zone**

### MONDAY, NOVEMBER 1, 2021

**Silent Auction Open All Day**

**9:30 AM – 10:30 AM**

2022 Annual Session Planning Committee Meeting

**11:00 AM – 1:00 PM**

Committee Meetings – Plans of Work

**1:00 PM – 2:00 PM**

Break

**2:00 PM - 3:30 PM**

Affiliate Officer Meetings

### TUESDAY, NOVEMBER 2, 2021

**Silent Auction Open All Day**

**Exhibit Hall & Showcase of Excellence Posters Open for Viewing All Day**

**10:00 AM - 2:00 PM**

Networking Open

**10:30 AM - 1:00 PM**

Pre-Conference Workshops

*(separate registration required)*

#### **Values Driven Leadership and Working Towards a Vision for Common Good**

***Presenter: Ritchie Harrison***

Effective leaders not only need the skills to perform their jobs and navigate daily interactions, but they also must possess an awareness for the influence their actions can create for shaping an improved vision for the future. The workshop will help participants broaden their knowledge and understanding for the key leadership skills and values that can empower self and others.

For more than 14 years, the Great Lakes Leadership Academy (GLLA) has promoted positive change, economic vitality, and resource conservation to enhance the quality of life in Michigan by encouraging leadership for the common good. GLLA believes that great leaders are individuals who use their skills to improve organizations and communities

**Learning Objectives:**

- Broaden knowledge and understanding for the key leadership skills and values that can empower self and others
- Learn effective strategies for working across differences
- Identify core values to create a greater sense of satisfaction
- Create synergy between values, vision, and impact
- Improve interactions in conversations and dialogue with others
- Increase feelings of inspiration, drive, and enthusiasm

### **Turning Points: A Narrative Approach for Capturing, Writing and Presenting Interesting Impact Statement**

#### ***Presenter: Jenifer Strauss***

For generations, the human brain has been hardwired for story. We think, learn and retain information in images that our brain translates into meaning. If you want to make a point, leave an impression, explain a process, or gain the support stakeholders, storytelling is the most powerful tool. Three parts of the brain are activated by “story”: knowledge, emotion, and imagination. By including Personal Narrative in your impact statements, you will achieve greater outcomes.

In this workshop, Narrative Consultant and Storyteller, Jenifer Strauss will share her Turning Points Narrative Process. Participants will not only understand the brain science behind “story”, but they will also be given a model and framework for including personal narrative in impact statements.

#### **Learning Objectives**

- Become familiar with the Turning Points Narrative Process
- Understand the brain science behind “story”
- Leave with a model and framework for including personal narrative in impact statements.

### **1:15 PM – 3:15 PM**

In-Depth Sessions

*(Separate registration required)*

#### **Michigan ACES Initiative**

**Track:** Child Development/Child Care/Parenting

**Presenter(s):** *Nicole Wethington, Jacqueline Rabine*

**State:** MI

Virtual ACES Training the Michigan ACE Initiative is focused on raising awareness about Adverse Childhood Experiences and developing trauma-informed, healing organizations and communities across the state.

#### **Grand Rapids Furniture Making Traditions: Past and Present**

**Track:** Sustainable Living: Textiles, Clothing, Housing, Environment; Community and Economic Development

**Presenter(s):** *Mark Walters*

**State:** MI

Learn about high-quality furniture making from a century ago until today in Grand Rapids. Tour both historical exhibits and a site where educators create inspiring learning environments to meet the changing needs of students and teachers.

### **3:15 PM - 5:30 PM**

Opening General Session

#### **Sharpening our DEI Lens for Personal, Institutional and Community Change**

***Dionardo Pizaña, Diversity, Equity and Inclusion Specialist, Michigan State University Extension***

The excellence, relevance, strength and very survival of organizations in a richly diverse world requires a commitment by the organization and all its members to sharpen and sustain our collective commitments to diversity, equity and inclusion. These commitments must take place at the personal, interpersonal, institutional and cultural levels to help inform and transform our work, our outcomes and our relationships with self and others.

How do we honor and hold complexity and paradoxes? Work toward moving from transactional to authentic and connected relationships? Connect our resources with the assets and wisdom of our most marginalized communities? And help to address historical and current systemic inequities and build our legacies of shared power, equity and inclusion. Come along on this lifelong journey of personal and professional growth for we have important and life-giving work to do.

#### **Learning Objectives:**

- Work toward moving from transactional to authentic and connected relationships
- Learn to connect your resources with the assets and wisdom of our most marginalized communities
- Help to address historical and current systemic inequities and build our legacies of shared power, equity and inclusion

## **WEDNESDAY, NOVEMBER 3, 2021**

**Silent Auction Open All Day**

**Exhibit Hall & Showcase of Excellence Posters Open for Viewing All Day**

### **10:00 AM – 11:00 AM**

Networking Open

### **11:00 AM - 11:45 AM**

Concurrent Sessions

#### **Concurrent Session 1 - Extension Disaster Education Award - Preparing for the Cascadia Subduction Zone Event**

**Track:** Award – Trending Topics

**Presenter(s):** *Glenda Hyde*

**State:** OR

A NIFA Smith-Lever Special Needs Competitive Grant was secured to help the Pacific Northwest become aware and prepared for the M9.0 earthquake and resulting tsunami through an online learning system.

**Concurrent Session 2 – Mary W. Wells Memorial Diversity Award National Winner - The Aging Mastery Program Alleviates Ageism**

**Track:** Award – Life Span Development

**Presenter(s):** *Renee Koenig and Mary Ann Schilling*

**State:** WI

Ageism is a growing form of discrimination. This presentation will describe methods to implement the Aging Mastery Program to support older individuals and reduce the stigma of aging.

**Concurrent Session 3 – Empowering the Resilient Paraprofessional**

**Track:** Trending Topics

**Presenter(s):** *Angela Hinkle, Rachel Biderman, Pamela Bradford, Danielle De Vries-Navarro*

**State:** FL

This state-wide effort identified new and sudden knowledge and technology skill gaps among paraprofessionals during pandemic social distancing. We served our audience, collectively recognizing new approaches to delivering nutrition education.

**Concurrent Session 4 – Virtual Financial Education during COVID-19 Pandemic: Building State Partnership for Significant Statewide Outcomes.**

**Track:** Financial Management

**Presenter(s):** *Michael Elonge*

**State:** MD

County research-based low-income household financial education attracted state government partnership for statewide virtual education during the COVID-19 Pandemic. Participants would learn from the program planning, design, implementation, and significant outcomes.

**Concurrent Session 5 – Just for the Health of It: Home Edition**

**Track:** Food and Nutrition

**Presenter(s):** *Rebecca Hardeman, Keishon Thomas, Diandria Barber*

**State:** GA

Just for the Health of It: Home Edition is a unique program that meets today's nutrition education needs by providing the latest research-based information to a wide-range of diverse audiences.

**Concurrent Session 6 – The Nation's Attention is Investing in The Early Childhood Professional Workforce. Why Extension Educators Should take Notice and Join the Conversation.**

**Track:** Child Care/Child Development/ Parenting

**Presenter(s):** *Marie Economos*

**State:** OH

Examine with us the key components, research and strategies necessary to create a vibrant early childhood professional workforce ready to meet all young children in core areas of development.

**Concurrent Session 7 – Responding to the Mental/Emotional Impact of Social Isolation and Loneliness on Older Adults During the COVID-19 Pandemic**

**Track:** Life Span Development

**Presenter(s):** *Sara Richie, Ruth Schriefer*

**State:** WI

Access to resources, tools and best practices built capacity within individuals, families, and communities in responding to and mitigating impacts of social isolation and loneliness during the COVID-19 Pandemic.

**Concurrent Session 8 – Storybooks and STEM**

**Track:** Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Sarah Roberts, Jackie Steffen*

**State:** NE

Building upon the Collaborative Summer Library Program, this new early childhood resource brings the excitement of literacy and STEM to children, families and early childhood educators.

**Concurrent Session 9 – Mixing in Everyday Mindfulness into Extension Programs**

**Track:** Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Sean Knurek, Holly Tired, Nicole Wethington*

**State:** MI

This session will focus on one Extension's efforts to include concepts of mindfulness knowledge and skills in a variety of programs with a goal of improving mental health of participants.

**Concurrent Session 10 – Helping Couples during COVID and Beyond: A statewide initiative to disseminate evidence-based relationship education programming**

**Track:** Trending Topics

**Presenter(s):** *Karla Belzer, Cheri Burcham, Tessa Hobbs-Curley, April Littig, Melissa Bramlet, Susan Sloop, Judy Schmidt, Sheri Merry, Dr. Allen Barton*

**State:** IL

This session describes a new statewide initiative to disseminate evidence-based relationship education programming through Extension services, balancing scientific effectiveness with population-level reach to achieve substantial public health impact.

**Ignite Round 1** Sessions marked with (\*\*) represents those that also include a Showcase of Excellence. See bottom of schedule for listing of Showcase of Excellence presentations.

**11:00 AM – 11:10 AM**

**#1 Wellbeing Bingo: A 'whole person' employee centered approach to Employee Wellness Program (\*\*)**

**Track:** IGNITE - Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Angelika Keene, Kelly Freno*

**State:** FL

To help lower health care costs, the educator worked with the county health care provider to provide a no-cost wellness activity that incorporates the 5 pillars of well-being.

**11:15 AM – 11:25 AM**

**#2 Team Creates Brave Space to Increase Racial Understanding and Foster Connections Online with 168 Extension Colleagues (\*\*)**

**Track:** Ignite – Trending Topics

**Presenter(s):** *Crystal Tyler-Mackey, Glenn Sturm, Thomas Woodson*

**State:** VA

Nationwide cries against racial injustice escalated as COVID-19 hindered in-person gatherings. Our Coming Together for Racial Understanding team collaborated with Everyday Democracy as first Extension system to hold dialogues online.

**11:30 AM – 11:40 AM**

**#3 Mental Health Issues for Farmers, Their Families, and Their Communities (\*\*)**

**Track:** IGNITE - Teaching/ Program Development/Leadership/Community and Economic Development

**Presenter(s):** *Matthew Brosi, Jordan Shuler, Shannon Ferrell*

**State:** OK

A presentation on the development and delivery of The Mental Health Issues for Farmers, Their Families, and Their Communities video program and dissemination to rural and professional audiences.

**12:00 PM - 12:45 PM**

Concurrent Sessions

**Concurrent Session 1 – Financial Management Award in Memory of Dean Don Felker - USE LESS, SPEND WISE Challenge: Promoting Comprehensive Family Resource Management**

**Track:** Award – Financial Management

**Presenter(s):** *Nichole Huff, Kelly May*

**State:** KY

Learn about a FRM initiative designed to help constituents increase consumer mindfulness. Participants explored ways to “use less, spend less, and stress less” while maximizing their resources, budgets, and relationships.

**Concurrent Session 2 – Community Partnership Award Winner - At-Home Activity Packets for Youth During COVID-19 Pandemic**

**Track:** Award - Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Bethany Bachmann*

**State:** MO

This presentation will highlight a project designed to reach youth in southeast Missouri during the early stages of the pandemic when the local schools were closed without plans for virtual education.

**Concurrent Session 3 – Diversity Ignite Session and Forum (PART 1)**

**Track:** Committee

**Presenter(s):** *Ashley Dixon (AZ), Samantha Kennedy (FL), Lesa Rauh (OK), Diana Romano (OK), Crystal Tyler-Mackey, PhD (VA)*

Ignite session, followed by a presenter forum, to highlight Extension diversity initiatives being conducted throughout the country.

**Concurrent Session 4 – How Much House Can I Buy? Teaching Housing Affordability in Online Home Buyer Workshops**

**Track:** Sustainable Living

**Presenter(s):** *Cyndi Longley, Lisa Hamilton, Katherine Allen, Halie Corbitt, Judy Corbus, LuAnn Duncan, Sarah Ellis, Johanna Gomez-Gonzalez, Terri Keith, Laurie Osgood, Natasha Parks, Jenny Rodriguez*

**State:** FL

First-time homebuyers need to understand how debt-to-income ratio affects housing affordability and approval for a home mortgage loan. This session will provide three teaching techniques for agents.

**Concurrent Session 5 – Helping Families Stay Active during a Pandemic Utilizing Facebook Groups**

**Track:** Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Hannah Guenther, Mariah Newmyer, Donnia Behrends, Beth Nacke*

**State:** NE

During the pandemic, Facebook groups proved successful in motivating youth and their families to stay active. This session will highlight best practices for implementing a virtual running club.

**Concurrent Session 6 – Kids Cooking and Baking Schools Go Virtual**

**Track:** Food and Nutrition

**Presenter(s):** *Julie Garden Robinson*

**State:** ND

Conference participants will 1) gain knowledge of the methods to reach children and families; 2) explore pieces of the food/nutrition curriculum; and 3) know how to apply similar techniques.

**Concurrent Session 7- How Mentoring Programs Can Impact Success in Extension**

**Track:** Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Lisa McCoy*

**State:** MD

Mentoring programs can help new employees achieve success in their Extension careers. Learn what the literature reveals about their purpose, structure, and value as well as tools to evaluate them.

**Concurrent Session 8- Cognitive Interviews: A Valuable Tool for Writing Effective Survey Questions and Understanding Your Participants and Community Stakeholders**

**Track:** Trending Topics

**Presenter(s):** *Katherine Speirs, Courtney Aldrich, Carrie Shrier, Courtney Luecking, Audrey Rider, Kyleigh Sullivan, Jodi Nerren*

**State:** AZ

This program is for anyone who wants to improve their programmatic surveys. We will explore cognitive interviews, an easy and inexpensive method for writing effective survey questions.

**Concurrent Session 9 – Impact Challenge: Fashion with a Purpose**

**Track:** Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Cheryl Kaczor, Dana Wright, David Roberts, Lauren Prinzo, Carrie White, Colleen Moretz, Angela Uriyo*

**State:** WV

The “Impact Challenge: Fashion with a Purpose” program is a replicable model that combines fashion, entrepreneurship, and community engagement to enable students to have a positive impact on their communities.

**Ignite Round 2** Sessions marked with (\*\*) represents those that also include a Showcase of Excellence. See bottom of schedule for listing of Showcase of Excellence presentations.

**12:00 PM – 12:10 PM**

**#1 Parental Marital Transitions During Adolescence: Experiences with Supportive Resources and Relationships in the Context of the Rural-Urban Spectrum (\*\*)**

**Track:** IGNITE - Child Care/Child Development/Parenting

**Presenter(s):** *Carrie Krug, J. Mitchell Vaterlaus, Brianna Routh*

**State:** MT

This qualitative study identified young adults’ (n=47) experiences with supportive resources and relationships as they adapted to a parental marital transition during adolescence within urban, suburban, and rural communities.

**12:15 PM – 12:25 PM**

**#2 Virtual Parenting during COVID-19 (\*\*)**

**Track:** IGNITE - Child Care/Child Development/Parenting

**Presenter(s):** *YaeBin Kim*

**State:** NV

Virtual parenting services have been provided to families during COVID-19 while we can't meet face-to-face. We used several online tools such as Zoom, Facebook, and YouTube to share parenting information.

**12:30 PM – 12:40 PM**

**#3 Early Childhood/Child Care Training Award - Success with Safe Food = Healthy Kids (\*\*)**

**Track:** IGNITE - Food Safety/Food Security

**Presenter(s):** *Kara Lynch, Laurie Messing, Lisa Treiber*

**State:** MI

Safe Food = Healthy Kids is a comprehensive food safety program for childcare providers. MSU Extension shares their accomplishments educating childcare providers and how you can access this curriculum.

**12:45 PM - 1:15 PM**

Break

**1:15 PM - 2:00 PM**

Concurrent Sessions

**Concurrent Session 1 – Food Safety Award - The Power of your Pantry**

**Track:** Award – Food Safety/Food Security

**Presenter(s):** *Angie York, Cecelia Hostilo, and Jill Harris*

**State:** KY



Offered during the onset of the pandemic, the three part “Power of your Pantry” series highlighted ways to create nutritious meals using items on-hand in your kitchen, refrigerator, and pantry.

**Concurrent Session 2 – Master FCS Volunteer Program Award - Evoking Change: UMD Extension FCS Master Money Mentors Volunteer Training**

**Track:** Award – Financial Management

**Presenter(s):** *Dorothy Nuckols, Crystal Terhune*

**State:** MD

UME’s MMM program trains volunteers to strengthen their own personal finance skills, gain enjoyment in helping others, and help low to moderate income individuals to improve or develop their positive financial behaviors.

**Concurrent Session 3 – Diversity Ignite Session and Forum (PART 2)**

**Track:** Committee

**Presenter(s):** *Ashley Dixon (AZ), Samantha Kennedy (FL), Lesa Rauh (OK), Diana Romano (OK), Crystal Tyler-Mackey, PhD (VA)*

Ignite session, followed by a presenter forum, to highlight Extension diversity initiatives being conducted throughout the country.

**Concurrent Session 4 – Online Homebuyer Education: Tapping into an Untapped Market for Financial Management Programming**

**Track:** Financial Management

**Presenter(s):** *Melanie Jewkes, Stacy Abbott, Teresa Hunsaker, Ellie Hansen*

**State:** UT

With increased demand for online education, Utah State University Extension online homebuyer education course helps consumers nationwide implement financial strategies and make informed decisions regarding personal finances and housing choices.

**Concurrent Session 5 – Teaching Children Foundational Life Skills**

**Track:** Child Care/Child Development/ Parenting

**Presenter(s):** *Christy Stuth, Jennifer Argyros, Ashley Dixon, Debbie Curley*

**State:** AZ

Teaching parent’s child behavior management techniques to develop children’s foundational life skills. Strategies and tools can be used in Extension programming to increase behavior changes and impact.

**Concurrent Session 6 – Adding Greater Depth to Programming Using the Mindfulness Activity Guide for Adults**

**Track:** Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Erin Jewell, Dhruvi Patel, Amy Rhodes*

**State:** MD

Educators can add greater depth to existing programs and promote emotional resilience and overall well-being among communities by incorporating mindfulness activities from the Mindfulness Activity Guide for Adults.

**Concurrent Session 7 – Collaboration = The Secret Ingredient for a Healthier Childcare Environment**

**Track:** Food and Nutrition

**Presenter(s):** Dawn Earnesty, Tyler Becker, Shelley Frazier

**State:** MI

Collaboration between community and federal organizations led to the success of the Multi-Level Healthier Childcare Environment policy, system and environmental intervention to improve nutrition behaviors in childcare homes.

**Concurrent Session 8 – Milk Run 5k (The greatest run there never was)**

**Track:** Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** Jana Anderson, Jenny Rodriguez, Virgilia Zabala, Melinda Souers

**State:** FL

The Milk Run 5K promotes physical activity for families while increasing awareness of Extension. This session will cover logistics for planning, implementing, and evaluating Extension-based races, successes and lessons learned.

**Concurrent Session 9 – Maintaining Relationships by Meeting the Needs of Mandated and Underserved Participants During a Pandemic**

**Track:** Trending Topics

**Presenter(s):** Roseanne Scammahorn, Misty Harmon

**State:** OH

Educators create engaging environments, overcome obstacles, and reshape court-mandated instruction, and programming for underserved audiences, to meet the needs of the communities while maintaining existing relationships during the pandemic.

**Ignite Round 3** Sessions marked with (\*\*) represents those that also include a Showcase of Excellence. See bottom of schedule for listing of Showcase of Excellence presentations.

**1:15 PM – 1:25 PM**

**#1 Expanding Extension's Healthy Lifestyle Outreach During the Pandemic in 2020 (\*\*)**

**Track:** IGNITE - Trending Topics

**Presenter(s):** Joanne Kinsey, Rachel Tansey

**State:** NJ

Live Well, Work Well, Stay Healthy was successful using virtual outreach methods (text messages, newsletters, online video) to educate Rutgers employees in 2020 to relieve the stress of work-from-home restrictions.

**1:30 PM – 1:40 PM**

**#2 Family Health and Wellness Award - Healthy Georgia Wellness Curriculum (\*\*)**

**Track:** Award - Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** Susan L. Moore, Rachel Stewart, Georgeanne Cook, Joan Koonce, Lisa Jordan, Rachel Hubbard, Denise Everson, Kisha Faulk, Jacquelyn Ogden, Ali Berg

**State:** GA

A grab and go health and wellness curriculum with fifteen lessons designed to improve participants' physical, cognitive and emotional well-being in order to lead healthier, happier and less stressful lives.

**1:45 PM – 1:55 PM**

**#3 Human Development and Family Relationships Award - The Literacy Link: Building relationships in justice-involved families through reading. (\*\*)**

**Track:** Award - Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Elizabeth Lexau*

**State:** WI

The Literacy Link partnered with jails, family agencies, and public and tribal libraries to connect children and parents in justice-involved families through literacy-rich experiences and environments.

**2:15 AM - 4:00 PM**

Regional Business Meetings & Awards Luncheon

**4:15 PM – 5:15 PM**

Exhibit Forums

**Alzheimer's Association Resources for Your Community**

**Organization:** Alzheimer's Association

**Presenter(s):** *Stephanie Rohlfis-Young*

The Alzheimer's Association will review the latest disease statistics and research findings while also sharing a preview of programs available to Extension Offices for the public. The Association is eager to partner with Extension programs nationwide to extend programming for caregivers and has a wide array of free programs available to share with you.

**Smart Strategies for Financially Savvy Youth**

**Organization:** Fresh Baby

**Presenter(s):** *Leslie Jones*

Achieving financial well-being as an adult is about more than how much money you make or whether you are able to do your taxes, balance your checkbook, or pay your bills. It's about having control over your money and being able to make choices that allow you to enjoy life. In this session, review financial literacy activities that you can incorporate in your work and find ideas to share with your colleagues - no matter what subject they teach.

**5:30 PM - 6:30 PM**

States Night Happy Hour (*Optional*)

**THURSDAY, NOVEMBER 4, 2021**

**Silent Auction Open All Day**

**Exhibit Hall & Showcase of Excellence Posters Open for Viewing All Day**

**10:00 AM – 11:00 AM**

Networking Open

**11:00 AM – 11:45 AM**

Concurrent Sessions

**Concurrent Session 1 – Innovation in Programming Award - Driveway Walk-a-Weigh: A Socially Distanced In-Person Program During COVID-19**

**Track:** Award - Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Brad Averill*

**State:** GA

Driveway Walk-a-Weigh provided program participants with a socially distanced, safe learning environment to enhance nutrition and wellness education and to inspire the establishment of regular physical activity.

**Concurrent Session 2 – Growing the Leader in You with the NEAFCS Leadership Experience**

**Track:** Committee

**Presenter(s):** *Gina Lucas, Kyleigh Sullivan, Carrie Elsen, Joy West, Halie Corbitt, Angelika Keene, Lisa Peterson, Christi Demitz, Alivia Faris, Karen DeZarn, Donna Krug*

**State:** Multi-state

Growing the leader in you through the eyes of panelists from the 2021 NEAFCS Leadership Experience based on lessons from Always Growing by Jones Loflin.

**Concurrent Session 3 – Extension’s Innovative Initiative to Educate Older Adults about Non-Pharmacological Approaches to Pain Management and Opioid Misuse Prevention**

**Track:** Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Dawn Contreras, Christi Demitz, Georgina Perry, Sean Knurek, Holly Tiret, Pamela Daniels*

**State:** MI

The session focuses on an initiative to reduce pain and opioid misuse in older adults. Program activities will be described, and project evaluation and funding will be highlighted.

**Concurrent Session 4 – Best practices for Building a Virtual Program That Works!!**

**Track:** Technology and Social Media

**Presenter(s):** *Dhruti Patel, Lisa McCoy*

**State:** MD

This session focuses on best practices of building a sound framework that ensures learned-centered virtual educational programs. Presenters will also share an overview of the training content and outcomes.

**Concurrent Session 5 – Family Consumer Sciences Agent works with Farmers and Community Partners to Provide Access to Affordable Produce**

**Track:** Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Natasha Parks*

**State:** FL

FCS agents work with farmers and community partners to provide access to affordable, fresh, local produce. Learn the different approaches to support community and economic development in an urban setting.

**Concurrent Session 6 – Balancing Life Series Equips 2600 Adults with Tools to Navigate Family, Work and Personal Challenges in a Pandemic**

**Track:** Trending Topics

**Presenter(s):** *Crystal Tyler-Mackey*

**State:** VA

Adults face unprecedented decision-making needs regarding acquiring food, avoiding coronavirus, schooling children while working, and managing stressors associated with COVID-19, politics, and racial injustice. Our highly-effective webinar series provides support.

**Concurrent Session 7 – Hooking Consumers on the Dietary Guidelines for American's seafood recommendations**

**Track:** Food and Nutrition

**Presenter(s):** *Christine Zellers, Joanne Kinsey*

**State:** NJ

Seafood is a healthy, under consumed recommendation in the Dietary Guidelines for Americans. To address this deficiency a program was developed to create awareness of production, nutrition, and health benefits.

**Concurrent Session 8 – Once Lost, Now Found: FIND - A Solution to Reduce Clutter**

**Track:** Sustainable Living

**Presenter(s):** *Susan Moore, Laura Smith, Diane Bales, Pamela Turner*

**State:** GA

The Healthy Homes curriculum FIND (Focusing on Important Necessities in Your Dwelling) was developed to help people reduce clutter to improve personal well-being and create a safer home environment.

**Concurrent Session 9 – Extension Extras: Development of a suite of programs for parent education, professional education, and family engagement in a virtual environment**

**Track:** Child Care/Child Development/ Parenting

**Presenter(s):** *Courtney Aldrich, Carrie Shrier*

**State:** MI

Learn about responsive resources developed to support parents, families, early childhood professionals and community partners in the pandemic environment using virtual programming, digital resources, and take-home kits.

**Ignite Round 4** Sessions marked with (\*\*) represents those that also include a Showcase of Excellence. See bottom of schedule for listing of Showcase of Excellence presentations.

**11:00 AM – 11:10 AM**

**#1 Excellence in Multi State Collaboration Award - Creating a Technology-Based Learning Community for Youth (\*\*)**

**Track:** Award – Technology and Social Media

**Presenter(s):** *Wendy Lynch, Heather Janney, Daniel Gonzalez*

**State:** FL

A statewide, cross-disciplined collaboration developed a virtual learning community to provide youth a healthy living summer camp focusing on emotional wellbeing using digital learning strategies and tools.

**11:15 AM – 11:25 AM**

**#2 Marketing Package Award - Fill Your Pantry: Home Food Preservation (\*\*)**

**Track:** Award – Technology and Social Media

**Presenter(s):** *Diane Reinhold and Jenna Smith*

**State:** IL

Illinois Extension educators reached 1.8 million with their marketing efforts for the Fill Your Pantry: Home Food Preservation webinar series and 31 Days of Home Food Preservation social media campaign.

**12:00 PM - 12:45 PM**

Concurrent Sessions

**Concurrent Session 1 – Innovative Youth Development Program Award - Virtual Farm to You: Overcoming Youth Education Barriers Through a Different Lens**

**Track:** Award – Food and Nutrition

**Presenter(s):** *Jenni Klufa, MS, RD, LD and Becky Brown*

**State:** OK

The pandemic brought our interactive Farm to You travelling exhibit to a halt. Recognizing the new normal future impact, we developed Virtual Farm to You: an engaging virtual exhibit.

**Concurrent Session 2 – Show Up and Show Out! Tips and Tricks to Submitting to the Journal of NEAFCS**

**Track:** Committee

**Presenter(s):** *Ashley Dixon, Meagan Brothers, Rebecca Hardeman, Dana Wright*

**State:** Multi-State

This presentation will highlight the process of submitting to the Journal of NEAFCS. This will include discussing basic expectations, submission tracks, the review process, and beyond. Overall, the editorial team wants to encourage all members to make their voices heard and share their experiences for all of Extension's benefit.

**Concurrent Session 3 – Healthy Aging Intervention to Maintain Independence and Slow Sarcopenia**

**Track:** Life Span Development

**Presenter(s):** *Wendy Lynch, Jana Anderson*

**State:** FL

Reducing risk of sarcopenia is essential to maintaining independence as we age. This session will provide steps to implement an evidence-based, strength training program for older adults.

**Concurrent Session 4 – Understanding Internet Information Usage among Parenting Newsletter Website Users**

**Track:** Child Care/Child Development/ Parenting

**Presenter(s):** *YaeBin Kim, Silvia Vilches, Anne Clarkson*

**State:** NV

A national network of Extension Specialists has developed and delivered research-based, age-paced parenting newsletters via email and website to provide parents with timely and relevant information about their child's development.

**Concurrent Session 5 – Kids in the Kitchen Virtual Cooking Club**

**Track:** 4-H and Youth Development

**Presenter(s):** *Zoe Soltanmammedova, MaryBeth Hornbeck, Siew Guan Lee*

**State:** GA

Kids in the Kitchen Virtual Cooking Club is a hands-on, virtual program that teaches youth and their families nutrition, food safety, and cooking skills to increase self-efficacy in the kitchen.

#### **Concurrent Session 6 – How to Implement a Trauma Informed Care State Team**

**Track:** Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Bridget Britton, Jami Dellifield, Amanda Raines, Candace Heer, Laura Stanton, Kathy Tutt, Misty Harmon, Lorrissa Dunfee, Whitney Gherman, Courtney Woelfl, Imani Scruggs, Sandra Allison, Steve Brady, Karima Samadi, Ken Stewart, Alisha Barton, Frances Foos, Marissa Mulligan, Grace Peach-Storey, Travis West, Joseph Maiorano*

**State:** OH

This session introduces you to Trauma 101, suggestions for creating a statewide Trauma-Informed Care team, and collaborating within extension and community agencies to educate Individuals who have experienced trauma.

#### **Concurrent Session 7 – Dining with Diabetes Goes Virtual!**

**Track:** Food and Nutrition

**Presenter(s):** *Dan Remley, Shari Gallup, Margaret Jenkins, Gayle Price, Dave Roberts, Pam Daniels*

**State:** Multi-state

COVID-19 forced states to get creative with Dining with Diabetes. Join the National Dining with Diabetes Leadership Team and learn tips and tricks to delivering DWD in a virtual platform.

#### **Concurrent Session 8 – USU Extension's COVID-19 Messaging Campaigns Show Impact and Reach Through Strong Collaborations**

**Track:** Trending Topics

**Presenter(s):** *Gabriela Murza, Melanie Jewkes, Celina Wille, Cynthia Lyman, Emma Parkhurst, Ashley Yaughner, Tim Keady, Paige Wray, Teresa Hunsaker, Mike Whitesides, Dennis Hinkamp*

**State:** UT

USU Extension collaborated with partners to create and disseminate COVID-19 health guidance via media campaigns and on-the-ground efforts to reach impacted communities. Results showed improvements in awareness, attitudes, and behaviors.

#### **Concurrent Session 9 – Safe Food = Healthy Kids: Food Safety for Childcare Providers**

**Track:** Food Safety/Food Security

**Presenter(s):** *Kara Lynch, Laurie Messing, Lisa Treiber*

**State:** MI

Food Safety education for childcare providers is critical. Learn about Safe Food = Healthy Kids, including best practices for food safety at childcare and how-to implement this curriculum locally.

#### **Concurrent Session 10 – Impact of Extension and Outreach on STEAM Education and Career Goals of School Students**

**Track:** Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Lila Karki*

**State:** MD

A post evaluation of 116 students engaged in the STEAM program demonstrated positive impact of Extension's outreach on students' career goals through the EXERT (Extension Education and Research Track) program.

**12:45 PM – 1:15 PM**

Break

**1:15 PM - 2:00 PM**

Concurrent Sessions

**Concurrent Session 1 – Mary W Wells Memorial Diversity Award Regional Winners**

**Track:** Award - Teaching/ Program Development/ Leadership/Community and Economic Development

**Idaho's Coming Together for Racial Understanding**

**Presenter(s):** *Surine Greenway, Jackie Amende, Andrew Bingham, Nic Usabel, Sedy Martinez*

**State:** ID

Racial understanding trainings were implemented between 2018-2021 in Idaho. Over 300 participants reported an increase in racial and ethnic relations awareness and to better and more equitably serve diverse audiences.

**Information Everyone Can Understand**

**Presenter(s):** *Ivelisse Colón*

**State:** NC

During the pandemic, Ivelisse joined efforts with county organizations and agencies providing food safety information that was translated into seven languages, to inform and educate her county's diverse community.

**Concurrent Session 2 – One of These Awards is Not the Same**

**Track:** Committee

**Presenter(s):** *John Fuller, Hope Wilson, Judy Corbus, and Keishon Thomas*

**State:** Multi-state

Join the Awards and Recognition Training and Education Subcommittee for this interactive session that will review tips for submitting a complete and strong award application that stands out above the others to judges. Presenters will focus on strategies for thinking differently about award applications and being creative to emphasize what makes your application unique. Participants will have the opportunity to practice some of the strategies presented with a hands-on activity.

**Concurrent Session 3 – Understanding the Needs of Low-Income Audiences**

**Track:** Financial Management

**Presenter(s):** *Catherine Sorenson*

**State:** MD

This session presents results from a focus group of low-income audiences and their perceptions of finance classes. Participants will learn to tailor education to the needs of this audience.

**Concurrent Session 4 – Victory2020 Garden Growth Through Partnership**

**Track:** Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Halie Corbitt, LuAnn Duncan, Heather Janney*

**State:** FL



Extension efforts were able to reach over 225,000 participants in the areas of gardening, well-being, food safety, history, and careers through a highly cross-programmatic collaboration in a virtual format.

**Concurrent Session 5 – Pickleball for Sedentary Mid-Life and Older Adults in Rural Utah: A Pilot Study**

**Track:** Life Span Development

**Presenter(s):** *Callie Ward, Paige Wray, Cindy Nelson, David Bolton, Chris Dakin, Brennan Thompson, Debasree DasGupta, Matthew Vierimaa, Sandra Sulzer*

**State:** UT

A six-week study aimed at improving the health and wellness of rural mid-life adults found that Pickleball is an effective intervention to overcome exercise barriers and improve health.

**Concurrent Session 6 – Suicide Prevention Training for Supporters of the Farm Community**

**Track:** Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *David Brown, Dawn Dunnegan, Danielle Day*

**State:** IA

Suicide Prevention Training for Supporters of the Farm Community

**Concurrent Session 7 – Socially Distant Wellness Activity Programs: Celebrating Wellness During a Pandemic**

**Track:** Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Kristin Bogdonas, Susan Glassman, Lisa Peterson*

**State:** IL

Increasing physical activity and eating well can be challenging despite a global pandemic. This session will explore four wellness programs piloted in 2020 to improve social connectedness while apart.

**Concurrent Session 8 – How to Pull an Audience to your Session: An Analysis on Conference Data**

**Track:** Trending Topics

**Presenter(s):** *Andrew Bingham, Jackie Amende-Lewis, Surine Greenway*

**State:** ID

The 2020 NEAFCS virtual session provided an opportunity to collect data on session activity. By analyzing this data, valuable findings were identified including key variables that contribute to well-attended sessions.

**Concurrent Session 9 – A Panel Discussion on the Remote Delivery of the Diabetes Prevention Program: Key Components and Examples from Cooperative Extension**

**Track:** Food and Nutrition

**Presenter(s):** *Kate Welshons, Nikki Johnson, Bridget Morrisroe-Aman*

**State:** MN

This session will focus on key components for delivering the National Diabetes Prevention Program (NDPP) using distance learning platforms. Three panelists will highlight their lessons learned from implementation of NDPP.

**Ignite Round 5** Sessions marked with (\*\*) represents those that also include a Showcase of Excellence. See bottom of schedule for listing of Showcase of Excellence presentations.

**1:15 PM – 1:25 PM**

**#1 Engaging Youth in Entrepreneurship (\*\*)**

**Track:** IGNITE - Financial Management

**Presenter(s):** *Jesse Ketterman, Ashley Travis*

**State:** MD

Educators from 4-H, FCS, and Agriculture collaborated to expose youth to animal science focused entrepreneurship. The youth learned to develop and implement a business plan using a value-added commodity.

**1:30 PM – 1:40 PM**

**#2 Public Housing Resident Advisers and Money Management Education: The Effect on Tenant Rental Evictions (\*\*)**

**Track:** IGNITE- Financial Management

**Presenter(s):** *Michael Elonge*

**State:** MD

This program provides money management education to public housing resident advisers as an enhancement to help tenants in need of assistances to pay rent timely to prevent evictions.

**1:40 PM – 1:50 PM**

**#3 Take Action, Don't Lose Qualification for Public Service Student Loan Forgiveness (\*\*)**

**Track:** Financial Management

**Presenter(s):** *Dorothy Nuckols*

**State:** MD

Employees of public and nonprofit organizations are eligible for Public Service Loan Forgiveness and have student debt balances paid by the federal government. Know how to qualify, not lose out.

**2:15 PM - 4:30 PM**

Networking Open, Exhibit Booths & Poster Presentations Manned for Live Discussions

**2:30 PM - 4:30 PM**

Annual Business Meeting

**4:45 PM – 5:15 PM**

Exhibit Forums

**Cooking is Hot, Hot, Hot!**

**Organization:** Edible Education

**Presenter(s):** *Ann Butler*

Come in to see how exciting hands- on culinary experiences can be with products from edible education. From the kitchen a la cart- Americans #1 selling portable kitchen, to our kid tested

small wares, you will see how easy it is to start or expand your cooking programs. Learn kid friendly knife skills, lesson coats and ideas and enjoy a special dish from one of our chefs.

**USDA & Food Safety Education for Consumers**

**Organization:** FSIS-USDA Meat & Poultry Hotline

**Presenter(s):** *Argyris Magoulas*

Short presentation sharing what the Hotline has to offer in terms of food safety. Updates on Ask USDA and how the Hotline plays a role.

**Smart Strategies for Financially Savvy Youth**

**Organization:** Consumer Financial Protection Bureau

**Presenter(s):** *Leslie Jones*

Achieving financial well-being as an adult is about more than how much money you make or whether you are able to do your taxes, balance your checkbook, or pay your bills. It's about having control over your money and being able to make choices that allow you to enjoy life. In this session, review financial literacy activities that you can incorporate in your work and find ideas to share with your colleagues - no matter what subject they teach.

**5:30 PM - 6:30 PM**

President's Party

**FRIDAY, NOVEMBER 5, 2021**

**Silent Auction Open All Day**

**Exhibit Hall & Showcase of Excellence Posters Open for Viewing All Day**

**9:30 AM – 10:30 AM**

2023 Annual Session Planning Committee Meeting

**10:00 AM – 11:00 AM**

Networking Open

**11:00 AM - 11:45 AM**

Concurrent Sessions

**Concurrent Session 1 – Program Excellence Through Research Award - Barriers that Prevent Program Participants from Completing EFNEP Program Food Talk Sessions**

**Track:** Award - Teaching/ Program Development/ Leadership/Community and Economic Development

**Presenter(s):** *Rhea Bentley, Ines Beltran, Susan Moore, LaZavia Grier, LaKeisha Levi, Cindee Sweda*

**State:** GA

UGA EFNEP program supervisors from six rural and urban counties in Georgia conducted the qualitative study "Barriers that Prevent Program Participants from Completing Expanded Foods and Nutrition Education Program (EFNEP) Food Talk Sessions.

**Concurrent Session 2 – Extension's Role in Improving Soldier Readiness Through Strategic Partnerships**

**Track:** Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Virgilia Zabala, Wendy Dahl, Suzanne Fundingsland, Kimiko Griffin, Lori Johnson, Twyla Leigh, Brenda Marty-Jimenez, Amy Mullins, Andrea Nikolai, Karla Shelnut*

**State:** FL

Extension can play an integral role in meeting the needs of the geographically dispersed military service members and their families, thus helping to improve mission readiness of the total force.

### **Concurrent Session 3 – Building Empathy in the Workplace**

**Track:** Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Debbie Curley, Christy Stuth, Jennifer Argyros, Ashley Dixon*

**State:** AZ

Seeking ways of improving workplace climate and culture after a year of quarantine? Learn concrete skills for empowering people in the workplace.

### **Concurrent Session 4 – You ARE a SUPERHERO! (But that doesn't mean you can't say NO!)**

**Track:** Trending Topics

**Presenter(s):** *Jami Dellifield, Amanda Raines, Tori Kirian*

**State:** OH

Our abilities and skills are diverse and impactful, but we have our weaknesses as well. Superman has Kryptonite and the extension superhero faces burnout and stress that impact job performance.

### **Concurrent Session 5 – Bestowing Children with Superpowers**

**Track:** Child Care/Child Development/ Parenting

**Presenter(s):** *Allison Hillis, Barbara Beaulieu*

**State:** IN

HERO'S Story Time is a reading and activity program promoting preschoolers' social emotional development focused in the 40 Developmental Assets by supporting teachers and families with curriculum guides and newsletters.

### **Concurrent Session 6 – Taking a New Look at Fermented Foods**

**Track:** Food and Nutrition

**Presenter(s):** *Donna Krug*

**State:** KS

There is renewed interest in preparing fermented foods in your kitchen. A fact sheet, leader's guide and teaching videos will show how to make tasty ferments with reported health benefits.

### **Concurrent Session 7 – When Your Health Insurance Plan Says No: How to Avoid, Prevent, and Solve Surprise Conflicts**

**Track:** Sustainable Living

**Presenter(s):** *Dorothy Nuckols, Lisa McCoy, Jesse Ketterman, Catherine Sorenson, Maria Pappidis*

**State:** MD

Conflict resolution is stressful, especially when health and finances are at stake. Health insurance disputes usually arise from claim denials or surprise bills. Learn how to resolve and avoid them.

### **Concurrent Session 8 – Soup to Nuts: Home Care and Maintenance Education Goes Virtual**

**Track:** Financial Management

**Presenter(s):** *Lisa Hamilton, LuAnn Duncan, Katherine Allen, Jenny Rodriguez, Johanna Gomez, Judy Corbus, Sarah Ellis, Cyndi Longley, Halie Corbitt, Terri Keith, Natasha Parks, Laurie Osgood*

**State:** FL

Home care and maintenance education covers many topics. A team of Extension agents developed a comprehensive, compact, and visually engaging 30-minute presentation for online programming.

### **Concurrent Session 9 – Culture and Resilience of Farmers**

**Track:** Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Alexander Chan, Maria Pippidis, Bonnie Braun, Laurie Wolinski*

**State:** MD

Extension agents provided a professional development series for clinicians on the culture of farmers. This series helped clinicians identify and respond to the most relevant mental health issues for farmers.

**Ignite Round 6** Sessions marked with (\*\*) represents those that also include a Showcase of Excellence. See bottom of schedule for listing of Showcase of Excellence presentations.

**11:00 AM – 11:10 AM**

#### **#1 Garden to Table Lessons Learned (\*\*)**

**Track:** IGNITE - Teaching/ Program Development/Leadership/Community and Economic Development

**Presenter(s):** *Christine Zellers*

**State:** NJ

To encourage healthful eating patterns a gardening and nutrition education program was designed on garden to table living. Lessons learned from this program will provide professionals with resources and examples.

**11:15 AM – 11:25 AM**

#### **#2 School Wellness Award - Be Physically Active 2Day! (\*\*)**

**Track:** Award - Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Katie Ahern*

**State:** OR

The Balanced Energy Physical Activity 2.0 Toolkit is a low-cost, evidence-based resource developed specifically to support obesity prevention efforts in low-income educational environments. Educators receive training to provide programming that fit their needs.

**11:30 AM – 11:40 AM**

#### **#3 SNAP-Ed/EFNEP Educational Program Award - LIFTing Health in the South-Central District of North Carolina (\*\*)**

**Track:** Award - Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Rhonda Peters and Der Holcomb*

**State:** NC

Using the LIFE curriculum (developed by Virginia Cooperative Extension), agents in four counties partnered to improve people's physical activity and nutritional intake through face-to-face programming and virtual delivery during COVID.

**12:00 PM - 12:45 PM**

Concurrent Sessions

**Concurrent Session 1 – Social Media Education Award - Using Social Media for Programming - “Walk N Talk – Rethink Your Drink!”**

**Track:** Award – Technology and Social Media

**Presenter(s):** *Jocelin B. Villarreal, Druann Benavides, Jessica E. Faubion, & Nicole Demmer*

**State:** TX

Due to COVID, the FABLOW AgriLife team acted quickly and created an online version of Walk N Talk: Rethink Your Drink! using social media. Learn the different techniques and platforms used to implement their online program.

**Concurrent Session 2 – Writing a Winning Proposal**

**Track:** Committee

**Presenter(s):** *Christine Kendle, Karla Belzer and Amy Bartels*

**State:** Multi-state

Wondering how to write a proposal that will be accepted for presentation? Come discover clues and tips on how to write a winning proposal that will impress reviewers.

**Concurrent Session 3 – Financial Management Education in a COVID World**

**Track:** Financial Management

**Presenter(s):** *Laurie Osgood, Lisa Hamilton, Natasha Parks, Johanna Gomez-Ramirez, Jennifer Rodriguez, Cindy Longley, Halie Corbitt, Judy Corbus, Sarah Ellis*

**State:** FL

For many Americans homeownership is an essential part of the American Dream. However, building credit and purchasing a home can be overwhelming. We offer on-line financial management education.

**Concurrent Session 4 – Mental Health First Aid (MHFA) - Paving the Way to Increased Awareness and Reduced Stigma**

**Track:** Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Jacqueline Amor-Zitzelberger, Cynthia Pollich, Denise Continenza, Maria Tejada, Rozalia Horvath, Darlene Sansone*

**State:** PA

The MHFA curricula is an evidence-based program that teaches how to identify and respond to signs of mental health and substance use challenges. Learn about trainer certification and more.

**Concurrent Session 5 – Cooking "Online" Matters: Taking Cooking, Nutrition, or Food Safety Classes Online Works**

**Track:** Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Lisa Barlage, Debra Calvin, Denise Scharfetter, Johnna Miller*

**State:** OH

Discover how this Team took the hands-on “Cooking Matters” nutrition, meal planning, and food preparation curriculum and piloted it to be a successful online course with homework.

**Concurrent Session 6 – Successful Face-to-Face Programing in a Covid World**

**Track:** Trending Topics

**Presenter(s):** *Cindy Nelson*

**State:** UT

Learn strategies for holding safe face-to-face programs for youth and families in a Covid world. Understand what nonpharmaceutical Interventions (NPI) are and how to effectively minimize risk of disease transmission.

**Concurrent Session 7 – Development and Implementation of a Parenting Program for Parents of Lead Exposed Children**

**Track:** Child Care/Child Development/ Parenting

**Presenter(s):** *Carrie Shrier, Kevin Zoromski, Anne O'Rourke-Bean, Patti Marrs*

**State:** MI

Learn about the development and implementation of a parenting education program for parents of lead-exposed children with a paired child-focused program, as well as adaptations made for the coronavirus pandemic.

**Concurrent Session 8 – Teen Cuisine @ Home: A Remote Cooking Program for Teens from Limited-Resource Families during the COVID-19 Pandemic**

**Track:** 4-H and Youth Development

**Presenter(s):** *Stephanie Diehl, Elena Serrano, Sarah Misyak, Tonya Price*

**State:** VA

Learn to implement Teen Cuisine @ Home in your community to successfully improve critical thinking and practical skills of youth and improve food security and dietary quality through remote education.

**Concurrent Session 9 – Support School Gardening Throughout the School Year—September through May!**

**Track:** Food and Nutrition

**Presenter(s):** *Carol Smathers, Timothy McDermott*

**State:** OH

Learn to support food and nutrition education through schoolyear gardening, applying research-based leadership concepts. Delve into September-May garden cycles, resources needed, and indoor and outdoor growing techniques appropriate for schools.

**Ignite Round 7** Sessions marked with (\*\*) represents those that also include a Showcase of Excellence. See bottom of schedule for listing of Showcase of Excellence presentations.

**12:00 PM – 12:10 PM**

**#1 Environmental Education Award - Environmentally Friendly Tablescapes (\*\*)**

**Track:** Award – Trending Topics

**Presenter(s):** *Angie York*

**State:** KY

In an effort to minimize the amount of household waste put into landfills by home redecoration, a lesson was taught implementing an environmentally friendly approach to home décor and remodeling.

**12:15 PM – 12:25 PM**

**#2 Educator of the Year Award (\*\*)**

**Track:** Award – Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Melinda Hill*

**State:** OH

Melinda serves with a focus on using assets to build strong families and increase their financial wellness. She advocates for mentoring, clear communication and teamwork to offer empowerment through education.

**12:45 PM – 1:30 PM**

Networking Open, Exhibit Booths & Poster Presentations Manned for Live Discussions

**12:45 PM – 2:00 PM**

Break

**2:00 PM – 3:30 PM**

Closing National Awards Presentation

**4:15 PM**

Silent Auction Bidding Closes

## SHOWCASE OF EXCELLENCE ONLY

### **An Assessment of Finance Education Programmatic Gaps Among Family and Consumer Sciences Faculty in Utah**

**Track:** Financial Management

**Presenter(s):** *Amanda Christensen, Melanie Jewkes, Andrea Schmutz, Lendel Narine*

**State:** UT

Implementing social-emotional learning lessons in elementary afterschool programs provides opportunities for youth to gain the skills to manage their emotions, establish positive relationships, and reduce risky behaviors.

### **As If You Were There - Virtual Tours at Farmers Markets to Increase SNAP Redemption**

**Track:** Technology and Social Media

**Presenter(s):** *Stephanie Diehl, Kevin Cabbage, Morgan Martindell, Molly Beardslee*

**State:** VA

Learn to create tours of farmers markets with drones and videography to increase SNAP benefit redemption where redemption is low. This technology helps increase comfort level prior to visiting markets.

### **Engaging in Remote Work Education to Create Greater Impacts in Iowa**

**Track:** Teaching/Program Development/Leadership/Community and Economic Development

**Presenter(s):** *Brenda Schmitt*

**State:** IA

By providing the Remote Work Certificate program as a Professional Development option early in their career, staff will own the skills, tools, knowledge and attitude needed to be successful as a member of the Human Sciences Extension and Outreach team



**Excellence in Teamwork Award - Victory2020 Garden Community Team**

**Track:** AWARD - 4-H and Youth Development

**Presenter(s):** *Heather Janney, Halie Corbitt, LuAnn Duncan*

**State:** FL

Based on the historical victory gardens, a modern version was established through the Victory2020 Garden Program with agents from all program areas (Horticulture, 4-H, FCS, Livestock, Agriculture, Natural Resources).

**Exploring Regional Extension Teamwork and Best Practices in Food**

**Track:** Teaching/Program Development/Leadership/Community and Economic Development

**Presenter(s):** *Julie Garden-Robinson*

**State:** ND

NEAFCS participants will learn how to use a regional network/team to foster professional development and share best practices in research-based programming and evaluation.

**Extension Housing Outreach Award**

**Track:** AWARD - Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Michelle Parrott*

**State:** TN

Housing Education is a very important topic for my county clientele. With our increasing local demand on housing, it is essential that people are educated on the homebuying process through our First Time Homebuyers' Workshops.

**Greenwood Frysinger Award - How Mentor/Mentee Partnerships Can Drive Successful FCS Programs**

**Track:** AWARD - Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Beverly A. Jackey MS, RDN*

**State:** MD

This poster describes how a mentor/mentee partnership can successfully guide the mentee in assessing, identifying, and addressing the health needs in their communities through Extension programming.

**Helping Kids PROSPER in Utah: An Evidence Based, Community Approach to Prevention**

**Track:** Health: Emotional, Mental, Physical and Substance Use

**Presenter(s):** *Paige Wray, Stacey MacArthur, Tim Keady, Christine Jensen, Mary Sorenson, Claire Warnick, Lendel Narine*

**State:** UT

This presentation will show how a research-based program was implemented during the COVID-19 pandemic to address opioid misuse and outline best practices for program adaptation during times of significant change.

**Incorporating STEM Education into Family Activities to promote Career Readiness**

**Track:** Trending Topics

**Presenter(s):** *Elizabeth Davis, Shannon Cromwell*

**State:** UT

Family STEM Nights promote an increased understanding of the importance of STEM-based education. Participants gain valuable life-skills that will be beneficial for their future college and career pathways.

**Increasing Protective Factors among Youth through Social-Emotional Learning**

**Track:** 4-H and Youth Development

**Presenter(s):** *Shannon Cromwell, Kathleen Riggs*

**State:** UT

Implementing social-emotional learning lessons in elementary afterschool programs provides opportunities for youth to gain the skills to manage their emotions, establish positive relationships, and reduce risky behaviors.

**Programming in Correctional Facilities: Interviews for Remote Employment Program Provide Broader Lessons**

**Track:** Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** *Gabriela Murza, Cris Meier, Ashley, Yaughner, Christina Pay, Jaclyn Miller*

**State:** UT

This project examined the experiences of persons in STATE who have delivered programs in correctional facilities. Participants described the needs, challenges, and opportunities for teaching in correctional facilities.

**Regional Teamwork and Best Practices: "More Bang for Your Buck"**

**Track:** Food Safety/Food Security

**Presenter(s):** *Julie Garden-Robinson, Shannon Coleman, Atina Rozhon, Joyce McGarry, Susan Mills-Gray, Rebecca West*

**State:** ND

Networking, sharing resources, and collaborative problem solving were key elements in solid teamwork for delivering the most relevant and vital information our clients need in order to ensure food safety.

**The 2021 NEAFCS Leadership Experience: Pilot in Progress**

**Track:** Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** Lisa Peterson, Gina Lucas, Kyleigh Sullivan, Joy West, Roxie Price, Halie Corbitt, Rick Griffiths

**State:** Multi-state

Responding to the need for members to step into leadership, this program was created to empower future leaders of the association by providing professional development, building confidence, and growing relationships.

**Under Construction: Ohio Alliance for People-Centered Sciences**

**Track:** Teaching/ Program Development/ Leadership/ Community and Economic Development

**Presenter(s):** Margaret Jenkins, Beth Stefura

**State:** OH

This poster outlines the process used to build Ohio's Alliance for Family and Consumer Sciences modeled after the American Association of Family and Consumer Sciences National Partnership. The purpose of the partnership is to recruit, prepare, and support FCS professionals by embracing and activating Ohio's statewide people-centered network of organizations.