

NEAFCS

PROVIDENCE, RHODE ISLAND 2023



We'd like to invite you to take a moment to review our pre-conference and in-depth options.

Pre-Conferences:

Monday, September 11th from 8 am to 11 am*

*Otherwise noted

In-Depths:

Tuesday, September 12th from 1:30 pm to 5:30 pm*

Special Post-Conference:

Friday, September 15th from 9 am to 2 pm- Manutuck Oyster farm

REGISTER: NEAFCS.ORG

Pre-Conference

From Zero to Hero: Starting a Home Food Preservation Program & The Role of a Process Authority in Developing & Validating Preservation Processes



National Center for Home Food
Preservation

Q Search

PRESENTERS

- Dr. Carla Schwan,
University of Georgia
- Dr. Kaitlyn Casulli,
University of Georgia



LOGISTICS

Date: Monday, Sept. 11

Time: 8 am to 11 am

Location: Onsite at the Rhode
Island Convention Center

Dress: Business casual

Cost: See the registration form



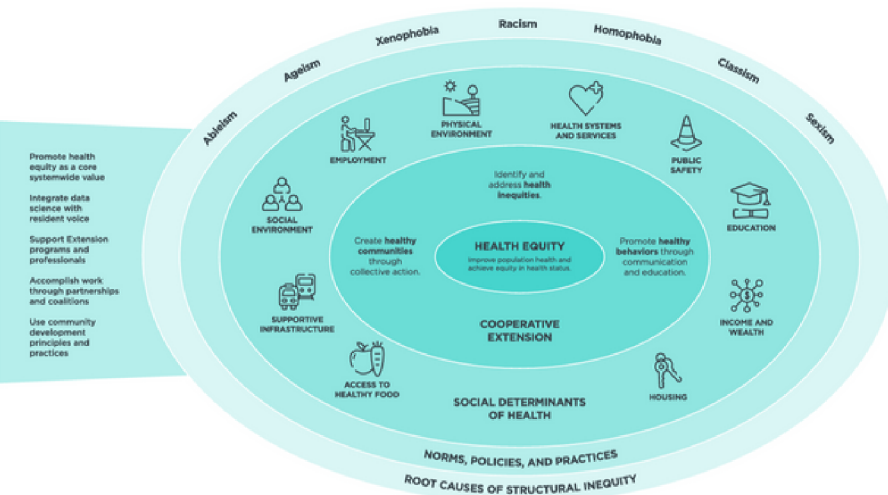
LEARN MORE!

This pre-conference will cover the scientific principles, as well as the National Center for Home Food Preservation's recommended procedures for home food preservation. It is a combination of classroom presentations and video demonstrations on the practice of food preservation methods. Topics also include recommended resources, Extension curricula used by the University of Georgia Extension, and program delivery in food preservation.

This presentation will detail the role of a process authority in developing and validating food preservation methods to meet food safety outcomes. Extension professionals who attend this session can expect to learn about the various methods for home food preservation, general concepts around food safety and microbiology, and the various data collection methods and analysis used when examining home food preservation processes. Data from various case studies will be presented.

Pre-Conference

From Vision to Action: Implementing Cooperative Extension's National Framework for Health Equity and Well-Being



PRESENTERS

- **Dr. Roger Rennekamp,**
Association of Public and Land
Grant Universities/Cooperative
Extension

Figure Credit: Burton et al. (2021) Cooperative Extension's National Framework for Health Equity and Well Being.

LOGISTICS

Date: Monday, Sept. 11

Time: 8 am to 11 am

Location: Onsite at the Rhode
Island Convention Center

Dress: Business casual

Cost: See the registration form

Learning Objective:

Move from a "one size fits all" approach to programming to one that addresses the needs of those carrying the greatest health burden.

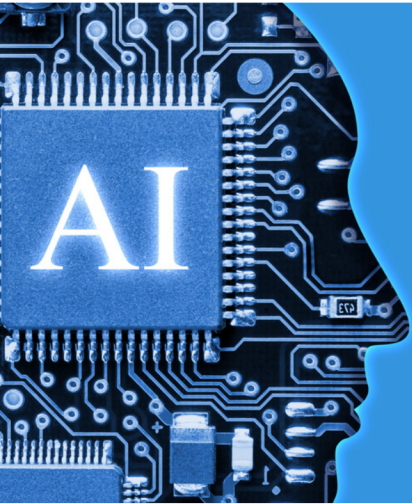
LEARN MORE!

Cooperative Extension's National Framework for Health Equity and Well-Being provides Extension faculty and staff with a forward-looking roadmap for establishing and sustaining health as a core component of Cooperative Extension work. The framework document includes advancing health equity, identifying health inequities, investing in people and programs, cultivating strategic alliances, and using community development approaches for catalyzing systems-level change.

Participants will be introduced to a curated collection of resources published in an easy-to-use playbook designed to help local-Extension professionals bring the framework to life in their individual communities. A peer-learning approach will be used to showcase examples of how Extension professionals from across the nation are transforming the way they work to ensure that all residents of the communities they serve live long and healthy lives.

Pre-Conference

Appreciative Inquiry 101: Tools for Positive Change with Your Clientele and Community



Appreciative Inquiry

PRESENTERS

Spartina Consulting

- Jen Hetzel Silbert, MSOD
- Tony Silbert, MSOD

LOGISTICS

Date: Monday, Sept. 11

Time: 8 am to 11 am

Location: Onsite at the Rhode Island Convention Center

Dress: Business casual

Cost: See the registration form



spartinaconsulting.com

LEARN MORE!

This hands-on, practical session will put new resources in your toolbox. Appreciative Inquiry (AI) is a collaborative, strengths-based approach to planning and change. Participants will learn how to effectively initiate positive change in your personal lives, teams, organization and societal levels of Extension work.

AI is built on a few basic principles: 1. What we look for we find, and what we pay attention to grows; 2. Change begins the moment we ask a question; 3. Positive Image of the future creates positive action in the present; and 4. People commit to what they help to create. By looking for and cultivating “what works” (strengths, resources, exemplar practices), you’ll learn how to accelerate positive outcomes for your clients, your organization, and your communities. Whether your role is an educator, specialist, program leader, coalition leader or director, you’ll leave this session with concrete tools and practices for sparking positive change.

Pre-Conference

Matunuck Oyster Farm: Tour & Lunch



PRESENTERS

- Matunuck Oyster Farm

This tour will also be offered Friday, September 15th. See page 17 for details.

LOGISTICS

Date: Monday, Sept. 11

Time: 9 am to 1:45 pm

Pick-up: Convention Center

Stop 1: South Kingston (Farm)

Stop 2: Wakefield (Restaurant)

Returning location: Convention Center

Round trip bus time: 90 minutes

Dress: Casual/comfortable

Cost: See the registration form



rhodyoysters.com

LEARN MORE!

Note: This tour would interfere with the first-timers Orientation lunch and the Affiliate officer meetings; please see the option for Friday, September 15th. If you would like more details, see page 17.

Tours of Matunuck Oyster Farm begin at Matunuck Oyster Bar with an introductory discussion about aquaculture and fisheries on a global and local scale. Guests are then invited to visit the shellfish farm in Potter Pond. Tours of the oyster farm are a unique feature of the Matunuck experience where visitors see the different species of shellfish we provide at the restaurant, in many different stages of growth. The duration of the tour is approximately 60 minutes.

Annual Session Service Project

The University of Rhode Island's (URI): Apple Picking



PRESENTERS

- Kate Venturini Hardesty
- Dr. Rebecca Nelson Brown
- Elizabeth Leibovitz
- Allegra Halverson

LOGISTICS

Date: Tuesday, Sept. 12

Time: 1:30 pm to 5:30 pm

Pick-up: Convention Center

Stop 1: East Farm

Returning location: Convention Center

Round trip bus time: 80 minutes

Dress: Casual/comfortable
Walking-rain or shine

Cost: See the registration form

HEALTH WARNING:
Yellowjackets are onsite

LEARN MORE!

Note: This tour would interfere with the in-depths

Learning Objectives:

A. Pick apples to support their free farmers market and local charities!

In 2022 URI Served:

- ~5,000 students (~14% of the student population!)
- ~8,000 lbs of produce and apples

Come support your time for a unique service project that has made statistically significant impacts on student health.



In-Depth

Blithewold Mansion, Gardens, & Arboretum



PRESENTERS

- Blithewold Staff

blithewold.org

Photo Credit: Blithewold Mansion, Gardens and Arboretum Facebook Page.

LOGISTICS

Date: Tuesday, Sept. 12

Time: 1:30 pm to 5:30 pm

Pick-up: Convention Center

Stop 1: Blithewold, Bristol

Returning location: Convention center

Round trip bus time: 60 minutes

Dress: Casual/comfortable

Cost: See the registration form

- Tour the mansion
- Gardens tour
- Tea time refreshments

LEARN MORE!

Augustus and Bessie Van Wickle purchased the property in Bristol in 1894, drawn to its location because it offered for mooring their new steam yacht, The Marjorie, acquired from the renowned Rhode Island boat builder, Nathanael Herreshoff. The Van Wickles consciously rejected the nearby, more fashionable Newport, joining contemporaries who created enclaves along the shores of Narragansett Bay, from Westerly to Little Compton.

From significant wealth accrued in the late 19th century, the Van Wickles, and later the McKee family and Marjorie Lyon, created a rural retreat on Narragansett Bay that illustrated their distinctive tastes and widely ranging interests. Members of the family esteemed the values of informality, friends, outdoor pursuits, and community service rather than status or ostentation.

These they expressed at Blithewold, adapting in creative ways both European and American conventions in architecture, garden design, and interior furnishing.

In-Depth

Land, Culture, and Survivance



Tomaquag Museum

ENGAGE • EDUCATE • EXPERIENCE

PRESENTERS

- Silvermoon LaRose
- Lorén Spears

LOGISTICS

Date: Tuesday, Sept. 12

Time: 1:30 pm to 5:30 pm

Pick-up: Convention Center

Stop 1: Tomaquag Museum,
Exeter

Returning location: Convention
center

Round trip bus time: 60 minutes

Dress: Casual/comfortable

Cost: See the registration form

LEARN MORE!

This program will include a guided bus tour presented by Lorén Spears where she will she introductory remarks, a blessing and a Land Acknowledgment. Followed by a short PBS Film on Social justice and closing with a Q&A. Once the bus reaches Tomaquag Museum Silvermoon LaRose will conduct a cooking demonstration for Harvest Johnny Cakes. For the last hour of programming the group will split into two and join Lorén on a TEK (Traditional Ecological Knowledge) walk outside, while Chrystal will give a in-depth guided tour of Tomaquag Museum.

tomaquagmuseum.org



In-Depth

Farm Stress Management: Observe, Engage, Share

UNIVERSITY OF
MARYLAND
EXTENSION



PRESENTERS

- Dr. Alex Chan,
University of Maryland
- Dr. Jesse Ketterman,
University of Maryland

LOGISTICS

Date: Tuesday, Sept. 12

Time: 1:30 pm to 5:30 pm

Location: Onsite at the Rhode
Island Convention Center

Dress: Business casual

Cost: See the registration form



LEARN MORE!

This in-depth session will familiarize participants with a multi-level ecological approach to addressing mental health in the farming community. The session will provide an in-depth examination of the sources of stress for farmers, the techniques to communicate with them, and the legal, financial, and mental health resources that will be helpful to share with them. The model demonstrated in the in-depth session has the potential to be adapted for use in other states.

Learning Objectives:

1. Understand the warning signs of mental health challenges in farmers.
2. Practice communication strategies to discuss mental health with farmers sensitively.
3. Identify farm-relevant resources for managing sources of stress.

In-Depth

Leveraging a Food Safety Extension Network for Food Safety Resource Sharing to Support Home Food Preservation, Cottage Foods/Home-based Businesses, and Retail



PRESENTERS

- Dr. Carala Schwan, University of Georgia
- Dr. Ellen Shumaker, North Carolina State University
- Dr. Kimberly Baker, Clemson University

LOGISTICS

Date: Tuesday, Sept. 12

Time: 1:30 pm to 5:30 pm

Location: Onsite at the Rhode Island Convention Center

Dress: Business Casual

Cost: See the registration form



LEARN MORE!

This in-depth session will provide an overview of the Food Safety Extension network, a multi-university collaboration focused on leveraging resources and providing food safety subject matter expertise to the areas of home food preservation, retail, and cottage foods/home-based businesses. A short "bootcamp" will be provided to address current and emerging issues and common questions that each of the topic areas face.

Learning Objectives:

1. Learn the most current and emerging food safety issues facing home food preservation, retail, and cottage foods/home-based businesses and strategies to provide support in those topic areas.
2. Identify where to go for food safety resources for these audiences.

In-Depth

Health Equity and Financial Well-Being: Examining the Intersections, Exploring the Trends and Planning Next Steps



PRESENTERS

- **Jill Wheeler, Senior Financial Program Specialist, Consumer Financial Protection Bureau**
- **Suzanne Barholomae, Iowa State University Extension, Assistant Professor Human Development and Family Studies, Extension Specialist, Financial Wellbeing**
- **John Collins, FS Vector, Senior Advisor**

LOGISTICS

Date: Tuesday, Sept. 12

Time: 1:30 pm to 5:00 pm

Location: Onsite at the Rhode Island Convention Center

Dress: Business Casual

Cost: See the registration form

Learning Objectives:

- **Increase understanding of the links between health and financial well-being.**
- **Discuss and explore the intersection between health equity and financial well-being as it relates to the ECOP National Health Equity and Wellness model.**

LEARN MORE!

The interactive session will explore the connections between health, consumer finances and well-being. Research from Cooperative Extension will ground the discussion in a review of literature regarding the intersection of health and financial well-being from a Family Resource Management perspective. Through guided discussion we'll explore this interaction with respect to the Cooperative Extension's National Framework for Health Equity and Well-Being. Experts from the Consumer Financial Protection Bureau (CFPB) will share recent findings on financial stressors in rural communities. Topics will include banking deserts and account access, medical debt burdens, barriers to credit access, and other challenges in the rural financial marketplace, as well as how these challenges impact different populations such as immigrants and refugees. CFPB's Financial Well-being Scale will be introduced and discussed. Speakers will highlight recent consumer protection actions that aim to protect rural consumers from predatory actors and give rural consumers a fair chance to thrive. Practical tools and strategies for helping rural consumers strengthen their financial well-being and understanding how to assert their rights will be provided.

In-Depth

The University of Rhode Island's (URI)

Health Equity and Well-Being

Approach Through Campus Gardens

THE
UNIVERSITY
OF RHODE ISLAND
COOPERATIVE
EXTENSION

PRESENTERS

- Kate Venturini Hardesty
- Dr. Rebecca Nelson Brown
- Elizabeth Leibovitz
- Allegra Halverson

LOGISTICS

Date: Tuesday, Sept. 12

Time: 1:30 pm to 5:30 pm

Pick-up: Convention Center

Stop 1: Medicinal Garden

Stop 2: Botanical Garden

Stop 3: Vegetable Garden

Returning location: Convention Center

Round trip bus time: 80 minutes

Dress: Casual/comfortable
Walking-rain or shine

Cost: See the registration form

LEARN MORE!

Learning Objectives:

- Discuss how URI provides workforce development programs in agriculture, food systems, and clean energy.
- Tour the Medicinal Garden: Experience a "Sensory tour" of the medicinal garden and I can lead mindfulness activities in the garden setting
- Tour the botanical garden: An oasis that provides the student and public community a living, teaching, and demonstration garden showcasing native and exotic horticultural specimens in a beautifully landscaped setting. Experience the living classroom that provides hands-on skill building and mental health benefits.
- Tour the vegetable Garden: Learn how URI uses gardens as a solution to maintain immigrant cultural identity and supports an on-campus free farmers market.

In-Depth

A Constructionist Preschool Classroom; Inside & Out!



PRESENTERS

- **Delia Hall, Director, Dr. Pat Feinstein Child Development Center, University of Rhode Island**

LOGISTICS

Date: Tuesday, Sept. 12

Time: 1:30 pm to 5:30 pm

Meeting Room: Convention Center TBD

Stop 1: Child Development Center,
Providence

Returning location: Convention
Center

Walk 2 Blocks Round Trip: 30 minutes

Dress: Comfortable-walking outside
Rain or shine

Cost: See the registration form

Space is limited!

LEARN MORE!

Experience an open-ended, developmentally appropriate curriculum in a high-quality constructivist Early Childhood program at the Dr. Pat Feinstein Child Development Center on the University of Rhode Island's Providence Campus. The curriculum framework at the Child Development Center is based on our philosophy about how children learn and is structured to reflect the four components of curriculum defined by the field of early childhood. These four components are Process, Content, Teaching, and Facilitating and Context.

Learning Objectives:

1. Attendees will be able to identify different types of supports and teaching strategies used by CDC teachers and how they relate to the development of young children.
2. Participants will evaluate and reflect upon what they observed and how that relates to what they know about Early Childhood Development and their own practice in working with young children.

In-Depth

Rhode Island Historical Society:
Work & Culture Museum and John Brown
House



PRESENTERS

- Rhode Island Historical Society Staff

rihs.org

Photo Credit: From Rhode Island
Historical Society

LOGISTICS

Date: Tuesday, Sept. 12

Time: 1:30 pm to 5:30 pm

Pick-up: Convention Center

Stop 1: Work & Culture Museum

Stop 2: John Brown House

Returning location: Convention Center

Round trip bus time: 50 minutes

Dress: Casual/comfortable

Cost: See the registration form



LEARN MORE!

More than a house: It is history's home... Whose hands built the landscape we see around us? What was life like for women, children, and men of diverse stations? What peoples and ideas thrived here, and to what far-flung corners of the world did they venture to seek their fortunes? How did Rhode Islanders grapple with slavery, when freedom and independence were on everyone's minds and pens? Indulge your curiosity and explore Rhode Island's history at the John Brown House Museum!

The Museum of Work & Culture presents the compelling story of immigrants who came to find a better life in the mill towns along the Blackstone River. Visitors recreate this journey, beginning in a Quebecois farmhouse before making their way to the workday world of Woonsocket at the turn of the century. Guests explore the lives of immigrants at home, work, and school through nine immersive exhibits.

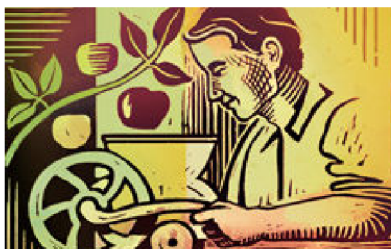
In-Depth

Extension's Role is Promoting Food Entrepreneurship



Cornell University
Cooperative Extension

 **HOPE & MAIN**



PRESENTERS

- **Diane Whitten, Cornell Cooperative Extension**
- **Lisa Raiola, MPH, Founder & President**
makefoodyourbusiness.org
- **Spencer Morris, Owner/Founder**
sowamciderworks.com

LOGISTICS

Date: Tuesday, Sept. 12

Time: 1:30 pm to 5:30 pm

Meet: Convention Center rm: TBD

Stop 1: Hope & Main, Warren

Stop 2: Sowams Cider Works,
Warren

Returning location: Convention
Center

Round trip bus time: 45 minutes

Dress: Casual/comfortable

Cost: See the registration form

- **Discuss Value-Added**
- **Visit a 501c3 food incubator**
- **Taste hard cider**
- **Support food entrepreneurs**

LEARN MORE!

Learn how FCS educators can support residents who want to start a food business by guiding them to resources for getting a license to sell food at the wholesale or retail level, having a recipe approved, making a business plan considering insurance, marketing, packaging, and pricing. The presenter, an FCS educator from Cornell Cooperative Extension, will talk about her own experience hosting well attended programs for people who wanted to become food entrepreneurs. By inviting the right presenters, Extension educators can help aspiring food entrepreneurs gain insight into the complexity of starting a food business to make a well-informed decision. The group will then travel to visit Hope & Main, a small-scale food business incubator, where the owner will talk about how she has helped launch over 400 businesses. Next, the group will visit Sowams Cider Works Company to meet with an apple farmer and learn why and how he started his cider business while we sample some of his specific apple varietal ciders (an alcoholic beverage). A light snack will be provided here before we board the bus to return to the conference center.

In-Depth

The Culinary Experience at Johnson & Wales University



PRESENTERS

- Dean Jason Evans Johnson
& Wales University

jwu.edu/culinarymuseum

Photo Credit: PBN Staff 2017, Courtesy
Johnson & Wales University

LOGISTICS

Date: Tuesday, Sept. 12

Time: 1:30 pm to 5:30 pm

Pick-up: Convention Center

Stop 1: Culinary Arts Museum,
Providence

Returning location: Convention
Center

Round trip bus time: 30 minutes

Dress: Casual/comfortable

Cost: See the registration form

LEARN MORE!

Sign up to tour Johnson & Wales University (JWU), which will include an exclusive tour of the Culinary Arts Museum (they are opening the doors for an in-person tour just for NEAFCS)!

The visit at JWU will conclude with a lecture from Dean Jason Evans on "The American Food System: Chefs to the Rescue."

Special Post-Conference Matunuck Oyster Farm: Tour & Lunch



PRESENTERS

- Matunuck Oyster Farm

LOGISTICS

Date: Friday, Sept. 15

Time: 9 am to 1:45 pm

Pick-up: Convention Center

Stop 1: South Kingston (Farm)

Stop 2: Wakefield (Restaurant)

Returning location: Convention center

Round trip bus time: 90 minutes

Dress: Casual/comfortable

Cost: See the registration form

LEARN MORE!

Tours of Matunuck Oyster Farm begin at Matunuck Oyster Bar with an introductory discussion about aquaculture and fisheries on a global and local scale. Guests are then invited to visit the shellfish farm in Potter Pond. Tours of the oyster farm are a unique feature of the Matunuck experience where visitors see the different species of shellfish we provide at the restaurant, in many different stages of growth. The duration of the tour is approximately 60 minutes.

rhodyoysters.com



PRE-CONFERENCE & IN-DEPTH
LOOKBOOK

NEAFCS

PROVIDENCE, RHODE ISLAND 2023



Sea You in Providence!

REGISTER: [NEAFCS.ORG](https://neafcs.org)

Questions about our educational offerings-email: Shauna C. Henley, PhD; shenley@umd.edu