

2015 NEAFCS Annual Session - Concurrent Sessions & Showcase of Excellence

Time	Function/Title	Presenter First Name	Presenter Last Name	Track	30-word Summary	Team Members
Tuesday, Nov 3, 2015						
8:00 AM - 8:45 AM	Concurrent Sessions 1					
8:00 AM - 8:45 AM	Program Excellence Through Research Award Winner - Local Foods: From Confusion to Clarity	Christopher	Sneed	Awards	Web-based survey used in collecting data from a panel of 485 farmer's market consumers. Data analysis reveals local to be a fluid concept with respondents when describing local foods.	
8:00 AM - 8:45 AM	Using Family Life Education Methodology in Extension for Strong Family and Consumer Science Programming	Patrice	Powers-Barker	Housing/Clothing/Ad	Encouraging and empowering new and experienced Family and Consumer Science (FCS) individuals and teams to better work together to continue offering research based content and methods for FCS programming.	Katie LaPlant, Carmen Irving, Jacqueline Kirby Wilkins
8:00 AM - 8:45 AM	Utilizing Technology to Reach Learners, Build Audiences and Gauge Behavior Change	Kristen	Corry	Tech/Social Media	Face-to-face teaching isn't the only way to reach learners; utilize technology to build audiences and gauge behavior change. Learn to adapt existing programs/ curriculums, for on-line dissemination through multi-media strategies.	Betsy DeMatteo, Kathy Dodrill, Polly Loy, Cynthia Shuster
8:00 AM - 8:45 AM	High Speed Hand Washing	Glenda	Hyde	Health/Food Safety	Can a classroom of 28 students get their hands washed in less than 5 minutes? With the High Speed Hand Washing lesson, they can! Come learn how at this session!	
8:00 AM - 8:45 AM	Keep it Safe: Tai Chi and Falls Risk Reduction	Gina	Peek	Aging/Human development/4-H	Tai chi and other exercises may reduce falls risk among older adults. Learn about basic Tai chi forms and programming conducted by Family and Consumer Sciences educators in one state.	Karen Armbruster, Jean Bailey, Dana Baldwin, Cindy Conner, Rhonda DeVor, Recia Garcia, Lindsay Grace, Lynda Latta, Arleen James, Carol Laverty, Liz Gardner-McBee, Lindsey Miner, Jessica Nickels, Robyn Rapp, Joy Rhodes, Marcy Wichert
8:00 AM - 8:45 AM	iCook 4-H: A Program to Promote Culinary Skills, Family Meals and Physical Activity Together for Obesity Prevention	Sue	Flanagan	Nutrition	The iCook 4-H program is a 5-state partnership among researchers and Extension faculty about youth and parents cooking, eating and playing together for health promotion.	Theresa Allan, Lisa Franzen-Castle, Tracey Lehrke, Melissa Offert, Adrienne White, Sarah Colby, Kendra Kattelman
8:00 AM - 8:45 AM	Improving Extension Child Development Training Programs	Cathy	Martinez	Parenting/Child Dev	Extension partners with state governments to conduct child development training for professionals. Learn about a program evaluation model for quality improvement that works! This entertaining session will be unforgettable!	Darcy Dixon, Patty Merk, Evelyn Whitmer, Katie Paschall
8:00 AM - 8:45 AM	Perfectly Proportioned Meals and Snacks	Jan	Scholl	Nutrition	We teach USDA's MyPlate food guide, but what other portion controls are available and how can they be used to evaluate learning and change behavior?	
8:00 AM - 8:45 AM	change Makes \$ense™ Financial Education Lessons	Darlene	Christensen	Financial Management	The Change Makes \$ense™ program offers a series of 4 lessons – Credit 101, Debt Elimination, Getting Organized, Budget Basics. Each lesson includes multimedia presentation, instructor guide, workbook and evaluation.	Teresa Hunsaker, Amanda Christensen, Lucas Martin
8:00 AM - 8:45 AM	Mastering the Art of a NEAFCS Award Submission	NEAFCS Awards Committee		NEAFCS Committee	Learn how your peers have mastered the art of creating award winning submissions on the National level. Join us for an insightful workshop with great networking opportunities.	
9:00 AM - 9:45 AM	Concurrent Sessions 2					
9:00 AM - 9:45 AM	Mary Wells Regional Winners					
9:00 AM - 9:45 AM	Food Safety Award - Dashboard Dining	Lorrie	Coop	Awards	Foodborne illness is an economic burden for employers regarding lost time at work and productivity. Dashboard Dining was developed to teach food safety to heavy equipment operators in Knox County.	

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9:00 AM - 9:45 AM	Preparing Tomorrow's Leaders Today	Margaret	Jenkins	Housing/Clothing/Ad	Learn how to create a place-based youth leadership program that builds partnerships, utilizes local leaders, fosters relationship pathways to emergent careers and encourages young talent to remain/return to local communities.	Kelly Royalty, Nanette Neal
9:00 AM - 9:45 AM	How Extension Can Think Like an Entrepreneur: 10 Traits and Related Success Stories	Joanne	Kinsey	Tech/Social Media	FCS Educators who think like entrepreneurs get results! Tap into your personal traits that can enable you to reach your social media goals.	Alice Henneman
9:00 AM - 9:45 AM	Effective Dissemination of a Chronic Disease Self-Management Program via the Extension Service	Tonya	Johnson	Health/Food Safety	This presentation will discuss the statewide dissemination of the Walk with Ease program via the Extension Service. Program results and lessons learned will also be highlighted.	Jeanne Brandt, Katie Conte
9:00 AM - 9:45 AM	Overcoming Obstacles Life Skills Education: Giving Students the Skills They Need	Lynn	Null	Aging/Human development/4-H	Learn how educators are using Overcoming Obstacles Life Skills curricula to boost middle and high school student achievement. Receive life skills curricula materials, training, and ongoing support at no cost!	Sandy Brossard
9:00 AM - 9:45 AM	Mutually Benefitting: Annual EFNEP Peer Lessons Increase EFNEP Staff Members' Knowledge and Teaching Skills	Traci	Armstrong Florian M.S., R.D.	Nutrition	EFNEP Peer Lessons strengthen group presentation skills, as well as increase health-related knowledge among EFNEP paraprofessionals. This presentation demonstrates why and how other state nutrition-related programs can implement peer lessons.	
9:00 AM - 9:45 AM	Smart Start with Money, Teaching Preschoolers about Money	Melinda	Hill	Parenting/Child Dev	Smart Start is a curriculum designed for child care providers to introduce the basic concepts of money and to lay a foundation of financial literacy for preschoolers (3-5 years old)	Carol Chandler
9:00 AM - 9:45 AM	Plan Smart, Shop Smart, Cook Smart, Eat Smart!	Marnie	Spencer	Nutrition	Eat Smart is a new website and program developed to help participants plan, shop, cook, and eat to save time and money and improve nutritional value of family meals.	
9:00 AM - 9:45 AM	Supporting Women in Agriculture: A Teamwork Approach	Christine	Kendle	Financial Management	FCS Educators play an essential role in the delivery of well-balanced Women in Agriculture programs and workshops in that they provide insight into finance, health, and work/family life issues.	Katharine Shumaker, Melinda Hill, Emily Adams, Heather Neikirk, Sandra Smith
9:00 AM - 9:45 AM	The Battelle Report of Family and Consumer Sciences Impacts	North Central Region State Program Leadership		NEAFCS Committee	FCS Extension has always been focused on nutrition and wellness. Sobering statistics about the health status of Americans and the concerns about the next generation not experiencing the same level of healthy living as their parents is making the news. In March of 2014 a white paper was released by ECOP calling attention to the need for a targeted health and wellness effort for Extension. Recently major foundations have released their plans to move 'toward a culture of health' (Robert Wood Johnson Foundation). What is the current status of health and wellness programming offered by Extension? What is the value of the programming offered? What can be learned to guide Extension in the future? The North Central Region commissioned an independent study (Battelle) to assess the value of FCS Extension and guide Extension professionals to be positioned to work in the future.	

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10:00 AM - 10:45 AM	JCEP Professional of the Year	Lora Lee	Howard	Awards		
10:00 AM - 10:45 AM	Dean Don Felker Financial Management Award - Utah State University Extension 4-H and Fidelity Investments' Money Mentors Financial Literacy Program	Amanda	Christensen	Awards	Utah State University Extension/4-H and Fidelity Investments collaborated on a volunteer program designed to increase financial literacy of teens through a peer teaching experience.	
10:00 AM - 10:45 AM	Teaching the Science and Engineering Process in Clothing Design	Susan	Pearman	Housing/Clothing/Ad	Participants will receive instruction and materials to replicate a two-day textile design camp focusing on the science, technology, engineering, art, and math supporting clothing construction and textile design.	Jessye Goertz, Melissa Fenton, Megan Burda
10:00 AM - 10:45 AM	eXtension Educational Technology Learning Network: Advancing Extension through Multi-State Collaboration, Open Sharing, and Support	Jamie	Seger	Tech/Social Media	The eXtension Educational Technology Learning Network is putting examples of how to successfully integrate technology into actual practice! Learn about the #EdTechLN, how to participate, and experience your first TweetUp!	Amanda Christensen, Margie Memmott
10:00 AM - 10:45 AM	Health Educator's Role in the Affordable Care Act	Lisa	McCoy	Health/Food Safety	Health care reform focuses on prevention and chronic disease management. Learn about Stanford's Chronic Disease Self-Management Program, and how to partner with organizations in providing prevention and wellness programs.	
10:00 AM - 10:45 AM	Moving Cooperative Extension from Research to Evidence Based Programming	Holly	Tiret	Aging/Human development/4-H	More funders are requiring evidence based programs. It is important to explore the benefits and barriers of moving Extension programming from traditional research based programs to delivering evidence based programs.	
10:00 AM - 10:45 AM	Mediterranean Cuisine Comes to YOU!	Lynn	James	Nutrition	Participants will put the Mediterranean diet/lifestyle into practice by using local foods and engaging in hands on food preparation, demonstrations, and class exercises.	Fran Alloway, Rayna Cooper
10:00 AM - 10:45 AM	Linking Literacy With Food: Read, Learn and Eat	Kim	Brantner	Parenting/Child Dev	Linking Literacy With Food: Read, Learn, and Eat is an early literacy and nutrition program for child care providers. Participants learn new ways to use literacy strategies with children's books.	Joy Rouse, Barbara Anderson
10:00 AM - 10:45 AM	Stuck on Fruits and Veggies: Putting Classroom Nutrition Lessons Into Practice	Ginny	Hinton	Nutrition	School-based challenge encourages students to eat more produce, try new varieties of produce, and reinforce lessons taught through nutrition education. Challenge can also be modified for the workplace.	
10:00 AM - 10:45 AM	Manage Your Money Email Challenge: Reaching Consumers in Their Spaces	Cynthia	Shuster	Financial Management	Reaching consumers in their preferred spaces, Extension Educators disseminated financial management e-communications utilizing a variety of multi-media strategies to engage traditional/non-traditional clientele through the Manage Your Money six-week E-Mail Challenge.	Kristen Corry, Kathryn Dodrill, Polly Loy, Betsy DeMatteo
10:00 AM - 10:45 AM	How to Write a JNEAFCS Article	NEAFCS Member Resources JNEAFCS Sub-committee		NEAFCS Committee	JNEAFCS is a communication tool for our members. Submitting an article is not difficult. This session covers "Everything you wanted to know about journal submission but were afraid to ask."	
11:00 AM - 11:45 AM	Concurrent Sessions 4					
11:00 AM - 11:45 AM	Mary W. Wells Memorial Diversity Award - Tatanka's Healthy Tales	Karly's	Wells	Awards	Tatanka's Healthy Tales is a curriculum to teach healthy behaviors to Native American youth in a culturally relevant way using native language and familiar characters like Curly, the buffalo.	
11:00 AM - 11:45 AM	How to Use Free Online Photo-Editing Tools and Apps to Make Your OWN Photos Attract Social Media Engagement and Avoid Copyright Issues and Infringements	Alice	Henneman	Tech/Social Media	FCS educators can stand out in social media venues through learning how to create their own original, unique and engaging photos and avoid copyright and fair use issues.	Kayla Colgrove, Amy Peterson, Lisa Franzen-Castle, Cami Wells

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11:00 AM - 11:45 AM	Improving Health With an Action Plan	Donna	Krug	Health/Food Safety	Many health issues are directly related to personal habits or behaviors. Two educational programs, "Action Plan for Healthy Living" and "Action Plan for Managing Obesity" provide strategies that can help.	
11:00 AM - 11:45 AM	What's On Your Plate? Exploring Food Science: Middle and High School STEM Curriculum	B.Susie	Craig	Aging/Human development	Explore a new national, science-based (STEM) 4-H curriculum. Learn about the hands-on, science-based experiences using readily available, low-cost ingredients. Develop opportunities for program delivery and evaluation in multiple settings.	Suzanne Ault Boarts
11:00 AM - 11:45 AM	The Webinar's The Way to Train Child Care Personnel	Michelle	Brill	Nutrition	Child care personnel are busy people who need efficient and effective training to implement best practices in nutrition and wellness. A series of brief webinars does the trick.	Sherri Cirignano, Daryl Minch, Corey Wu-Jung, Alexandra Grecni, Luanne Hughes, Kathleen Morgan
11:00 AM - 11:45 AM	eParenting® High-Tech Kids	Lori	Zierl	Parenting/Child Dev	eParenting® High-Tech Kids helps parents of adolescents utilize technology to nurture their relationship with their developing teen. eParenting® demonstrates how digital media can be a positive and powerful parenting tool.	Anne Clarkson, Brook Berg, Kristen Bruder, Pattie Carol
11:00 AM - 11:45 AM	Home Safety: When Safety Comes First, You Last	Mitzi Leigh	Parker	Housing/Clothing/Ad	Falls are the leading cause of unintentional injury in the home, followed by poisoning, choking, drowning and fire. This presentation identifies potentially dangerous substances and hazards in the home.	Suzanne Williams, Sylvia Davis, Rachel Hubbard, Rebecca Creasy, Kayla Craft, Roxie Price, Andrea Scarrow
11:00 AM - 11:45 AM	End of Life Nutrition - Our Role	Mamie	Thompson, MS, RD/LD	Nutrition	An enlightening and engaging overview of the most current practices and standards that address nutrition at the end of life. Encourage families to plan and care for loved ones well.	
11:00 AM - 11:45 AM	Annie's Project: Education for Farm Women	Ruth	Brock	Financial Management	Annie's Project is an educational program dedicated to strengthening women's roles on the farm. Through 18 hours of instruction, Annie's Project fosters problem solving and decision-making skills in farm women.	
11:00 AM - 11:45 AM	You Can! Write a Winning NEAFCS Proposal Submission	NEAFCS Professional Development Program Sub-committee		NEAFCS Committee	Interested in learning more about the NEAFCS proposal submission and selection process? Come to this hands-on workshop to learn how to draft and develop your seminar and/or showcase proposal.	
Wednesday, Nov 4, 2015						
1:00 PM - 5:00 PM	Showcase of Excellence					
1:00 PM - 5:00 PM	Healthy Parents, Healthy Relationships, and Family Mealtime: A Winning Combination	James	Bates		Family mealtime is a context for strengthening parent-child relationships. This study examines the statistical relations among the characteristics of parent and family and behaviors related to food and family mealtime.	Sarah Colby, Lisa Franzen-Castle, Kendra Kattelman, Douglas Matthews, Melissa Olfert, Adrienne White
1:00 PM - 5:00 PM	Healthy Homes Partnership: Tools and Technologies for You!	Gina	Peek		The Healthy Homes Partnership is an education program addressing housing deficiencies and risks. New healthy homes tools and technologies including mobile app, social media, website, and e-newsletter will be demonstrated.	Barbara Allen, Rebecca Blocker, Kandace Fisher, Michael Goldschmidt
1:00 PM - 5:00 PM	Achieving Community Partnership Goals by Reflecting on Practice	Patty	Merk		Partnerships can benefit from reflecting on its process. Participants will learn how the Community of Practice model was used to evaluate group process and promote goal achievement.	Nikki Julien, Debra Everett
1:00 PM - 5:00 PM	The Correlation of Finance Education and the Propensity to Pay Rent in Public Housing	Michael	Elonge		This study advances finance education approach to the study of rent in public housing. The study postulates a positive correlation between financial education and rent payment.	

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1:00 PM - 5:00 PM	Occasional Quantity Cooks: On-Line Lessons and Results	Katharine	Shumaker		Occasional Quantity Cooks Curriculum was developed and implemented as part of a risk management strategy for training staff and volunteers. On-line versus face-to-face training impact results will be shared.	Linnette Goard
1:00 PM - 5:00 PM	Food Safety Education for Teens: Collaborative Teaching of Extension and Schools	Kathryn	Green		Introduction to food safety education is part of FCS in high schools. This collaboration between teachers and extension professional allowed students to expand their knowledge and become certified food handlers.	
1:00 PM - 5:00 PM	Reaching New Audiences with Microwave Food Safety Education	Carol	Schwarz		The "Save Time MICROWAVE IT" food safety program converted a traditional program to a Zmag (digital magazine publishing program) to reach new and younger adult audiences.	Kayla Colgrove, Julie Albrecht, Julie Garden-Robinson
1:00 PM - 5:00 PM	Do You Have Food \$ense: Utilizing Community Partnerships to Reduce Food Insecurity	Margaret	Jenkins		Learn how community partnerships can be used to influence and change health behaviors among limited resource audiences. Program goals, methods, recruitment, lesson topics and evaluation will be shared.	Mona Glover, Anna Saunders
1:00 PM - 5:00 PM	Wellness Works! - Urban Extension's Response to Workplace Health and Wellness	Cynthia	Sweda		Through the simultaneous delivery of two 8-week wellness programs, Walk-A-Weigh and Walk Georgia, employees were encouraged to adopt increase physical activities and healthy nutrition practices.	Susan Howington, Kisha Faulk
1:00 PM - 5:00 PM	Utilizing Wellness Coalitions to Prevent Childhood Obesity through Nutrition and Physical Activity Interventions: Revitalizing Broadway Park	Cynthia	Shuster		Empowering rural communities to create environments that support healthy lifestyles for pre-school age children was the overall goal of the Healthy Communities: Preventing Childhood Obesity research project.	
1:00 PM - 5:00 PM	Nourishing Boomers and Beyond Program Delivers Health Information to Adults Through Face-to-Face Education and a Variety of Media	Jullie	Garden-Robinson		"Nourishing Boomers and Beyond" aims to improve the dietary choices and physical activity, among people 50-plus. The program includes scripted lessons, website, Facebook, Pinterest and an electronic monthly newsletter.	
1:00 PM - 5:00 PM	Freeze the Gain Weight Maintenance Challenge	Ricki	McWilliams		Freeze the Gain Weight Maintenance Challenge encourages individuals and families to pay particular attention to their food intake and physical activity over the holidays.	
1:00 PM - 5:00 PM	Reducing Mold and Allergy Triggers in Home Environments	Pat	Snodgrass		Discover the resources, tools and strategies to help homeowners and renters who have experienced flooded home environments. Education will help the occupants restore a safe environment preventing mold growth.	

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1:00 PM - 5:00 PM	Closing Your Seasonal Home	Julie	England		Unoccupied seasonal homes are susceptible to environmental damage and theft. Improved preparation techniques and updated financial documents decreases possibility of damage to the home and resulting financial consequences.	
1:00 PM - 5:00 PM	Early Childhood Nutrition Program	Jackie	Schrader		The Early Childhood Nutrition Program is a train-the-trainer series for high school students in MyPlate nutrition. Participants were prepared to teach preschoolers in an effort to decrease poor dietary habits.	
1:00 PM - 5:00 PM	Making EFNEP Work: From Rural to Urban Communities	Traci	Armstrong Florian, MS, RD		This poster demonstrates how EFNEP Extension Agents overcame the unique challenges of tailoring one large, Federal nutrition program to the distinct needs of rural and urban communities.	Evelyn Whitmer, MEd, CCHC, Darcy Dixon, MS
1:00 PM - 5:00 PM	Monster Munch! Build Cooking Skills and Fruit/Vegetable Intake Through Hands-on Classes.	Tonya	Johnson		Kids in the Kitchen classes were developed and delivered to build cooking skills in children ages 6-12 while exposing them to fruits and vegetables. Class outlines are available for replication.	
1:00 PM - 5:00 PM	The Garden Kitchen Concept for Expanded Nutrition Education	Daniel	McDonald		Learn about the Garden Kitchen and the seed-to-table nutrition education concept: an innovative approach for outreach, teaching, and research. Discover new ways to bring science to the plate!	Traci Armstrong Florian, Cheralyn Jennifer Parlin
1:00 PM - 5:00 PM	EFNEP Chopped, Teamwork, Skills Building Activity	Keith	Cleek		In an effort to build morale, promote teamwork, and improve food demonstration skills the EFNEP State Team adapted a version of the popular television show Chopped.	
1:00 PM - 5:00 PM	The Personal Health and Finance Quiz: A Tool for Self-Assessment, Research, and Program Evaluation	Barbara	O'Neill		The Personal Health and Finance Quiz queries users about their daily health and financial practices. It provides personalized feedback, collects data for research, and can be used for program evaluation.	Karen Ensle
1:00 PM - 5:00 PM	Connecting Campus, Classroom, and Community through Online Teaching: What's in it for FCS Educators?	Alexandra	Grenci		A new online course, taught by Family and Consumer Sciences educators, increases students' awareness of community-based interventions that address obesity/chronic diseases, while connecting FCS educators to new audiences and opportunities.	Sherri Cirignano, Jennifer Shukaitis
1:00 PM - 5:00 PM	PowerPay Debt Elimination App: Innovative Mobile Technology	Margie	Memcott		Demonstrating innovative mobile technology is the new PowerPay Debt Elimination App, a free financial tool helping consumers develop and follow a personalized, self-directed debt elimination plan, while on the go.	Dean Miner, Stacey MacArthur
1:00 PM - 5:00 PM	How Extension FCS Educators and Agriculturists Can Collaborate through Social Media to Enhance the Integration of Nutrition, Health, Environment, and Agriculture	Alice	Henneman		FCS educators collaborating with Extension agriculturists in social media can work across systems to improve the nation's health through the types of messages they deliver and audiences reached.	Lindsay Chichester, Brandy VanDeWalle, Jenny Rees
1:00 PM - 5:00 PM	Using the Discover 4-H Clubs Curriculum to Teach Youth FCS Topics	Stacey	MacArthur		The Discover 4-H Clubs curriculum provides six hands-on activities in many FCS areas that can be used to teach youth. Ideas for use and evaluation data are discussed.	Margie Memcott, Amanda Christensen
1:00 PM - 5:00 PM	Teen Cuisine, a Curriculum for Ages 12-18, Changes Food, Physical Activity, Food Safety and Cooking Behaviors of 4-H Youth	Johanna	Hahn		Teen Cuisine, a curriculum for ages 12-18, uses evidence-based activities that teach nutrition, physical activity, food safety and cooking skills in six lessons that improves behavior in all areas.	Anne-Carter Carrington, Lynn Margheim
1:00 PM - 5:00 PM	The Power of Impact Statements	NEAFCS Public Policy Advocacy and Ed		NEAFCS Committee of 11	This poster will look at how to maximize the content and elevate the value of impact statements to better tell the NEAFCS story, using a concise, readable and active voice.	

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8:00 AM - 12:00 PM	Using the Discover 4-H Clubs Curriculum to Teach Youth FCS Topics	Stacey	MacArthur		The Discover 4-H Clubs curriculum provides six hands-on activities in many FCS areas that can be used to teach youth. Ideas for use and evaluation data are discussed.	Margie Memmott, Amanda Christensen
8:00 AM - 12:00 PM	Teen Cuisine, a Curriculum for Ages 12-18, Changes Food, Physical Activity, Food Safety and Cooking Behaviors of 4-H Youth	Johanna	Hahn		Teen Cuisine, a curriculum for ages 12-18, uses evidence-based activities that teach nutrition, physical activity, food safety and cooking skills in six lessons that improves behavior in all areas.	Anne-Carter Carrington, Lynn Margheim
8:00 AM - 12:00 PM	The Power of Impact Statements	NEAFCS Public Policy Advocacy and Ed		NEAFCS Committee	This poster will look at how to maximize the content and elevate the value of impact statements to better tell the NEAFCS story, using a concise, readable and active voice.	
1:30 PM - 2:15 PM Concurrent Sessions 1						
1:30 PM - 2:15 PM	Community Partnership Award - Rusk County Step Up and Scale Down	Eunice	Buckner	Awards	Texas A&M AgriLife Extension and three Rusk County agencies partnered with 38 community collaborators addressing the issue of obesity by implementing a highly successful county-wide three year nutrition/fitness program.	
1:30 PM - 2:15 PM	Family Well-Being Programs at USDA NIFA: A Presentation by National Program Leaders		Program Leaders Update	USDA/NIFA: National Program Leaders	Family Well-Being Programs at USDA NIFA: A Presentation by National Program Leaders USDA NIFA supports family well-being through science-based programs to increase financial capability, healthy family development, and home and community living to improve family and community resiliency.	
1:30 PM - 2:15 PM	Reduce Your Workload, Re-Use Existing Materials, and Recycle to New Formats: How Using Digital Platforms Can Help You Work Smarter Not Harder	Lisa	Franzen-Castle	Tech/Social Media	This presentation will provide guidance on how to take traditional means of communication and information sharing and repurpose and digitize that content for the Internet and posting on social media.	Alice Henneman, Kayla Colgrove, David Ostdiek
1:30 PM - 2:15 PM	Expanding Financial Capability in Family Investment Program: Training Frontline Staff to Help Welfare Recipients Manage Their Vouchers.	Michael	Elonge	Financial Management	This program utilizes research in deriving an objective - expanding financial capability in Family Investment Program (FIP) to train frontline staff to help welfare recipients manage their vouchers.	
1:30 PM - 2:15 PM	Girls on the Run: Implementing an After-School Program to Engage Pre-Teen Girls and Reduce Obesity	Terri	Black	Aging/Human development	Collaborating with several entities, the agent established a local Girls on the Run program designed to incorporate physical activity and emotional health into a volunteer-led after-school program for pre-teen girls.	
1:30 PM - 2:15 PM	Introducing Food Preparation in the EFNEP and FNP (Snap Ed) Program	Jill	Weber	Nutrition	This session will provide an overview of how food preparation was introduced into the state's EFNEP and FNP (Snap Ed) program over a three year period.	Cindy Baumgartner
1:30 PM - 2:15 PM	They're Back! ... Or They Never Left	Denyse	Variano	Parenting/Child Dev	For parents whose adult children live at home, They're Back! addresses an emerging social issue and gap in parenting education. Discover the why, what and how behind this dynamic program.	Suzan Sussman, Stefanie Hubert
1:30 PM - 2:15 PM	Engaging Volunteers To Improve Health: The Extension Wellness Ambassador Program	Lisa	Washburn	Health/Food Safety	The Extension Wellness Ambassador Program is a master volunteer program engaging community members to use knowledge in service others to improve health. Program overview and implementation outcomes will be shared.	LaVona Traywick, Lauren Copeland, Jessica Vincent
2:30 PM - 3:15 PM Concurrent Session 2						
2:30 PM - 3:15 PM	Social Networking Award - A Team Approach to Social Networking	Lisa	Franzen-Castle	Awards	The whole is greater than the sum of its parts when using a team approach to social networking. Strategies were identified for contributing to personal and team accounts simultaneously.	

Time	Function/Title	Presenter First Name	Presenter Last Name	Track	30-word Summary	Team Members
2:30 PM - 3:15 PM	Starting Over After Foreclosure	Erica	Tobe, PhD	Housing/Clothing/Ad	To support families with financial instability, a university/extension partnership has incorporated qualitative research findings to develop a free, online educational toolkit to support financial and housing recovery after foreclosure.	Brenda Long, Jean Lakin, Terry Clark Jones, Wanda Roberts, Barbara Ames, PhD, Camaya Wallace Bechard, Amanda Guinot Talbot
2:30 PM - 3:15 PM	Online Focus Group Research	Carrie	Johnson	Tech/Social Media	Using technology to conduct research is becoming more prevalent all the time. This session will describe the process one research group took in conducting online focus groups across six universities.	Barbara O'Neill, Michael Gutter
2:30 PM - 3:15 PM	4-H Food Smart Families-Adaptations by Two States	Kathleen	Splane	Aging/Human development	States piloted the 2014 4-H Food Smart Families program. They will share different methodologies used; including different educational curriculum, marketing strategies, and approaches to family events.	Surine Greenway, Sue Snider, Maureen Toomey
2:30 PM - 3:15 PM	International Year of Pulses Provides Opportunity for Nutrition Educators	Julie	Garden-Robinson	Nutrition	2016 has been designated as the "International Year of Pulses." Pulses (lentils, chickpeas, split peas) are nutritious, economical foods. This session will introduce ready-to-implement materials (lesson/game, handouts, recipes) available online.	
2:30 PM - 3:15 PM	Evaluation of FCS Active Parenting Implementation: Integrating Research and County Needs	Laura	Hubbs-Tait	Parenting/Child Dev	Parents' evaluation of Active Parenting supports state and county efforts. Attendee skills include using data to guide program selection, adapting curriculum to parents, and modifying training to increase program fidelity.	Brenda Miller, Lani Vasconcellos, Cindy Conner, Gloria King, Arlene James, Tommie James, Amanda Morris
2:30 PM - 3:15 PM	Extension Celebrates Family Mealtime – Exploring Multi-County Outreach for Family Health	Janis	Pfeffer	Health/Food Safety	Learn how a team developed tools and resources for Texas A&M AgriLife's multi-county concept of promoting health and nutrition through an 'Extension Celebrates Family Mealtime' initiative.	Denise Boebel, Elaine Fries, Katherine Farrow
3:30 PM - 4:15 PM	Concurrent Sessions 3					
3:30 PM - 4:15 PM	Clean and Healthy Families & Communities Award - The Science Behind Cleaning	Mary Ann	Lienhart Cross	Awards	The program focuses on helping consumers learn and practice using household cleaning products to make life healthier and easier. Facts and strategies are provided to understand the science behind cleaning.	
3:30 PM - 4:15 PM	How to Create and Run an Energy Masters Volunteer Program	Jennifer	Abel	Housing/Clothing/Ad	Learn how to start this program in your community in which teams of volunteers make energy- and water-saving improvements in low-income apartments.	
3:30 PM - 4:15 PM	Creative Blogging: How to Draw Readers to Your Blog	Pamela	Turner	Tech/Social Media	A blog is a good tool for disseminating research in an enjoyable way. Learn how to create a blog, find images and topics, engage the audience, and evaluate impact.	Diane Bales, Ines Beltran, Edda Cotto-Rivera, Lisa Jordan
3:30 PM - 4:15 PM	Evidence-based, Learner-centered Activities Teaches Teens About Nutrition, Physical Activity, Cooking and Food Safety	Johanna	Hahn	Aging/Human development	Participants will experience hands-on nutrition and health related activities from Virginia's SNAP-Ed nutrition curriculum, Teen Cuisine, for ages 12-18, using evidence-based, learner-centered activities to teach cooking skills and reinforce learning.	Anne-Carter Carrington, Lynn Margheim
3:30 PM - 4:15 PM	Cooking Camp for Kids Raises Nutritional Awareness	Marilou	Rochford	Nutrition	Childhood obesity rates have been rising rapidly. Getting kids involved in the kitchen through cooking classes may be one way to help them choose more healthy foods.	
3:30 PM - 4:15 PM	Successful Co-Parenting: a Family Stability Program	Terri	Worthington	Parenting/Child Dev	Divorce is difficult for adults and children. Successful Co-Parenting familiarizes divorcing parents with skills and techniques to mitigate the negative impact of divorce on children. Materials for approaching courts included.	Kristen Corry, Jim Bates, Carmen Irving, Lisa Miller

Time	Function/Title	Presenter First Name	Presenter Last Name	Track	30-word Summary	Team Members
3:30 PM - 4:15 PM	Learn! Grow! Eat! Go! – Combining Nutrition Activities, Physical Activity, and Youth Gardening through Classroom Curriculum	Sonja	Davis	Health/Food Safety	Explore Learn, Grow, Eat & GO! an Extension classroom curriculum emphasizing science, math, and reading through gardening, vegetable tastings, recipe demonstrations and other activities that resulted in positive health outcomes.	Tonya McKenzie, Norma Davila, Amy Ressler
4:30 PM - 5:15 PM	Concurrent Session 4					
4:30 PM - 5:15 PM	AWARD WINNER			Awards		
4:30 PM - 5:15 PM	Community Vitality Programs at USDA NIFA: A Presentation by National Program Leaders			USDA/NIFA: National Program Leaders	USDA NIFA enhances community vitality through workforce development and employability, economic and community development, and rural health and safety In collaboration with the Regional Rural Development Centers and multi-disciplinary teams.	
4:30 PM - 5:15 PM	No Programming Skills Required! Creating An Easy Website And Training Tool With Google Sites	Kayla	Colgrove	Tech/Social Media	Google Sites helps to organize information in a central place that users can access anytime, anywhere. Learn how to create a free and easy website for a multi-site program.	
4:30 PM - 5:15 PM	Aging in Place: Simple Design Modification Strategies to Create a Safer Home Environment.	Marsha	Alexander	Housing/Clothing/Ad	This presentation shares aging-in-place resources to reduce potential fall and safety hazards in the home by providing simple integrated design strategies to create a safer home environment.	Rebecca Blocker, Connie Neal
4:30 PM - 5:15 PM	Be a Bone Builder: Building Bones When It Counts	Cheryle	Jones	Nutrition	The risk of osteoporosis can be reduced by the development of healthy lifestyle choices at a young age. This multi-faceted curriculum trains teen leaders to teach these concepts to kindergartners.	Jacqueline W. McClelland, Ph.D., Stephanie Jones, Angie Lawrence
4:30 PM - 5:15 PM	Shared Reading with Children	Margaret	Miltenberger	Parenting/Child Dev	Reading is the foundation for learning, yet many children aren't prepared to read well. Reading Partners is a curriculum to train parents in shared reading strategies to support literacy development.	Susan Gamble, Zona Hutson, Shirley Wilkins, Kimary McNeil
4:30 PM - 5:15 PM	Eat Healthy – Be Active Community Workshop Training	Karen	Ensele	Health/Food Safety	Eat Healthy – Be Active Community Workshop Training introduces Extension educators to a six-workshop curriculum to help consumers build a healthy lifestyle. Participants will receive a copy at the session.	