



National Extension Association of Family & Consumer Sciences

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eNEAFCS-February 2015

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National Extension Association of Family & Consumer Sciences

e-newsletter



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President's Message

Peggy Ehlers, Ed.D. (IN) President



Coalition building is a team effort; everyone contributes according to their individual strengths. No one person should dominate the team. Your NEAFCS board wants to build a coalition, a team. To do this we appreciate input from each individual member. All efforts need to be directed toward a common goal. During face-to-face meetings at JCEP and PILD we will be asking members about their vision of a successful NEAFCS Association.

The Winter Board Meeting, December 2-4, 2014, was held at the Greenbrier, the site of the 2015 Annual Session. It was a busy 2 ½ days. The agenda included a tour of the site, team building with West Virginia Extension staff, and a meeting with the West Virginia Annual Session planning committee. A session on utilizing the technology on the website was held by the Management Company.

Regional Directors Susan Routh, Nancy Stehulak, Daryl Minch, and Joey Peutz have prepared the agenda for two sessions at the JCEP Leadership Conference. JCEP is a wonderful opportunity for association leaders to interact with the affiliate leaders.

During April 12-15, at Hyatt Regency, VA we will be meeting for PILD. Registration is open at www.jcep.org. During this meeting the Impact Statements will be shared.

Please look for the key in the newsletter. E-mail me the location of the key; the first 3 members who find the key will have their name placed into a drawing to qualify for one free annual session registration. Congratulations to members Stacey Faith (IN), Linda S. Law-Sanders (NY), and Kaite Cullum (AZ) for being the winners from the January newsletter key hunt.



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Upcoming Events

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& Consumer Science**
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Remember, you are the KEY – Knowledge, Experience and
You! – for NEAFCS.

Looking forward to spring!

My Best,

Peg
pehlers@purdue.edu

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February 24 Webinar on Using Video in Financial Recovery After Disaster

Julia Zee (HI) Webinar Subcommittee Chair



Join us for an upcoming members-only
webinar on Using Video in Financial
Recovery After Disaster on February 24,
2015 (2:00 p.m. EST, 1:00 p.m. CST,
12:00 p.m. MST, 11:00 a.m. PST).

Presenters are Lori Hendrickson, Sara
Croymans and Patricia Olson from the University of
Minnesota and Lori Scharmer from North Dakota State
University. Financial recovery is complex, and programs
vary depending on disaster circumstances. This webinar
will explore how to utilize Financial Recovery After Disaster
videos to assist disaster survivors in the recovery process.
Topics include: resilience, finding help, finances, insurance,
FEMA/SBA, and additional resources. The presentation will
share information regarding the six just-in-time videos that
have been developed, the pilot study findings, how to
access the videos, and strategies for using the videos in
efforts to assist individuals as they begin financial recovery
after a disaster.

If you have a topic that you'd like to share with NEAFCS
members, submit a proposal online anytime. NEAFCS
webinars are peer-reviewed and presented to a national
audience. Visit the webinars webpage
(<http://www.neafcs.org/webinars>) for upcoming webinars,
archived presentations, and proposal submission. Contact
Julia Zee (zee@hawaii.edu) if you have any questions.

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PILD Scholarship Applications Accepted Until February 25; PILD Conference Registration Now Underway

Theresa C. Mayhew (NY), Vice President for Public Affairs



There are some \$200 scholarships still
available for NEAFCS members planning
to attend their first JCEP Public Issues
Leadership Development (PILD)
conference in Washington, DC this spring.
This year's conference takes place from
April 12-15 at the Hyatt Regency, Crystal
City, VA. First-Timers Scholarship
applications must be submitted no later
than February 25. Recipients will be notified by March 1.
You can access a first-timer application form at
www.neafcs.org. PILD conference registration is now open.
You can view the conference program and register online
at www.jcep.org. Please note that early bird registration
ends March 20. If you are planning to attend PILD please
be aware that we are currently working on putting together
a fun activity for Association Night Out, which takes place
on Tuesday, April 14. Stay tuned for more information! As
always, if you have any questions, please don't hesitate to
contact me at tcm5@cornell.edu. Thanks and Think Spring!

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Impact Statement Crew in High Gear!

Debby Mathews (AL), President-Elect



Under the direction of Terri Mayhew, VP Public Affairs, the Impact Statement compilation team is working in high gear now. This team is made up of members of the Public Affairs Advocacy and Education subcommittee members. When affiliates submit impact information for various programs in their states, this is the team that takes that information and compiles it to create very attractive, easy-to-read reports. These subcommittee members work under intense deadlines as they prepare reports in time for use at the PILD (Public Issues Leadership Development Conference) in April.

Join me in a salute to these NEAFCS subcommittee members for devoting time, effort and skills to this critical task. National leaders, from Congressmen to NIFA Program Leaders, read these reports and form opinions about our work. This is very important to funding and advocacy for Extension FCS programs in our nation.

- Protecting Our Resources-Family Life: Linda Combs
- Financial Management: Glenda Hyde
- Food and Nutrition: Julie-Garden-Robinson
- Community Health and Wellness: Mandi Seaton
- Childhood Obesity: Karen Ensle
- Food Safety: Shauna Henley
- Healthy Homes and the Environment: Sonya McDaniel
- Improving Children's Lives-TBD

Public Affairs subcommittee members, we salute you!

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Details for Submitting Awards Applications Online

Roxie Price (GA), Vice President for Awards & Recognition



We are off to a great start with the new online awards system! I want to make sure we are all on the same page with some frequently asked questions.

Why are there only 3 places to upload my awards documents?

This does not mean you can only upload 3 documents. You can combine all of your documents into one file and upload them all together. There are different ways to do this. One way is to copy and paste all the documents into one document. Another way is to scan them into one file. A third way is to use the Adobe Acrobat "combine files" feature. Having three places to upload is helpful if you have very large files. In this case, your file can be divided into manageable parts and uploaded across the three upload options in the awards system.

How do I delete a file that I uploaded? What do you mean upload a blank document?

The system does not have a delete option. Therefore, if you want a file deleted you must create a blank document (a page with no words) and upload it in the place where the document was that you want deleted. This will override the

unwanted document.


How about editing a file that I uploaded?

If you decide to edit your application, you will need to re-upload all of your files again. You cannot delete a file that has been previously submitted. To remove the file, re-upload the files you want included, and upload a blank page for the file you want to delete.

How do I know that I have the correct files uploaded?

Log in and go to My Profile on the NEAFCS webpage and click "view transactions" from within your member profile sub-menus. Open your most recent receipt and it should show you the files that are currently uploaded.

Do I have to upload my total awards application?

The awards that move on to the national level have to be uploaded. Uploading at the state level is optional. 

Consult the *Awards Manual* online and follow the general guidelines for putting together awards as well as the specific guidelines for your award category. Label all materials and package your awards securely. Send a copy of your award application package, with a printed copy of your confirmation as your cover sheet, to your affiliate [Vice President for Awards](#) by your affiliate deadline.

The Affiliate Vice President of Awards can request a copy of the links to their members submissions after your state awards due date has passed. This is only if your affiliate members uploaded them to the NEAFCS awards webpage. Contact our NEAFCS Executive Director Jody Rosen Atkins for this information at jrosen@associationsource.com. The affiliate Vice President of Awards then sends links to your state judges to view submissions online.

Feel free to call me with any questions. Roxie Price - Office: 229-391-7980, Cell: 229-403-8787. The more questions I get, the better we can make the awards process flow.

Thank you for all your hard work! Good luck!!!

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March is Living Well Month!

Theresa C. Mayhew (NY), Vice President for Public Affairs



Forget March Madness! Step aside National Nutrition Month! Make way to celebrate NEAFCS' very own Living Well Month when we encourage everyone raising kids to eat right and spend smart! For that matter, even if you aren't raising kids, practicing good nutrition and money management skills isn't a bad idea! Of course, the tenants of Living Well Month (which started out as a week-long observance) can easily be incorporated into many of the events and programs that we offer with minimal effort. Just adding the Living Well logo and slogan to your email signature or to program agendas or your website is one way to promote the overall goals. For more ideas and inspiration, check out the Living Well Month page listed under Public Affairs on the NEAFCS website (www.neafcs.org) home page. Email me at tc5@cornell.edu and let me know what your affiliate (or individual members) did to promote Living Well Month in your state! I'd like to share what you send during our association meeting at PILD and in a future e-News article.

Thanks and here's to living well!!

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Nominate Candidates for NEAFCS' Election by April 1

Kathleen Olson (MN), Immediate Past President & Nominating Committee Chair



There's still plenty of time to nominate yourself or colleagues for positions on the NEAFCS election ballot!

Available positions include: President Elect, Treasurer, Vice President for Public Affairs, Vice President for Awards and Recognition, Central Region Director and Southern Region Director, all to serve for a 2 year term, except President-elect, which is a 3 year commitment.

To find position descriptions and the nomination web form, please visit [National Nominating Committee](#):

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What Is There To Do At The Greenbrier?

Cheryl Kaczor (WV), Families and Health Agent



There are activity and dining options galore at The Greenbrier. One of the things that has earned The Greenbrier its excellent reputation is the premiere selection of fine dining. There are six full-time restaurants and five bars, along with 24-hour room service. Your dining options range from

world-class restaurants (including a steakhouse and Italian restaurant) to restaurants and cafes serving sandwiches, burgers, pizza, and snacks. The resort's main restaurant serves a wonderful southern-style breakfast. In addition to the meals, tea is served with cookies and pastries each afternoon for all registered guests. Afternoon Tea has been a tradition at The Greenbrier since the 1930s and is an activity you don't want to miss!

Along with the expansive dining options, The Greenbrier offers a wide array of activities. Since 1778, The Greenbrier's world-renowned mineral spa has been one of the resort's most popular amenities. The spa offers several relaxing treatments, including a whirlpool bath, steam room, and sauna. Other indoor activities include a pool, bowling, culinary tours, fitness classes, laser tag, shopping, nightly movies, history tours, and a casino. Outdoor activities include biking, an alpine tower, canopy tours, croquet, horseback riding, hiking, and carriage or sleigh rides—of course, all outdoor activities are dependent on the weather.

There is no shortage of excellent food and activities at The Greenbrier. We look forward to greeting you in December for, not only a wonderful conference, but also a wonderful time at The Greenbrier Resort.

Check out the Annual Session web page at www.neafcs.org/2015-annual-session.

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JCEP Professional of the Year Award

Peggy Ehlers (IN), *President*



Consider submitting an application for the Professional of the Year Award (POY).

The Joint Council of Extension Professionals (JCEP) sponsors the award annually to encourage and recognize experiences and successful Extension professionals for their long-term commitment to developing outstanding interdisciplinary programs.

The intent of the award is to highlight interdisciplinary program excellence; it is different than a lifetime or distinguished services award. The deadline for the application is March 1, 2015. You can find the application form at www.jcep.org under forms and applications. One winner per association, and the recipient will receive \$1,000 and a plaque at Annual Meeting.

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Meet the Board

Joey Peutz, M.S., *CFCS (ID), Western Region Director*



As you have read about board members in past "Meet the Board" articles it is clear that many board members knew that they wanted to pursue a career in Family and Consumer Sciences (Home Economics) early in their lives. I

however, thought I wanted to be an accountant-ugh. Looking back I may have been a little crazy thinking this was a good idea. When I enrolled at the University of Idaho (Go Vandals!) I received a letter letting me know that if I registered for at least one Family and Consumer Sciences class they would pay my tuition. Without hesitation I found a class and loved it so much that I changed my major. Family and Consumer Sciences became my career and my passion.

After graduating with my master's degree I spent 5 years teaching Family and Consumer Sciences at the largest High School in Idaho. I then spent 8 months working with a team to design and open the first Charter High School in Idaho and then was recruited to Extension. I have loved working in Extension. I have spent the last 15 years working in the areas of nutrition/health, food safety and 4-H youth development. I delight in teaching and working with my Master Food Safety Advisors (aka Master Food Preservers), teaching and administering our SNAP-Ed and EFNEP programs (called Eat Smart Idaho) and watching 4-Hers grow and develop into leaders.

I now own a small farm (200 acres) that my parents and grandparents owned. Rest assured that my younger brother does all the farming. I am blessed to have six incredible nephews (28 yrs.-1 yr. old) and 1 great-nephew (1 yr. old) who all assure me that I am the favorite auntie. However, my sisters claim that they tell them the same thing.

I enjoy working in my yard, gardening, canning and hiking. I am a life-long learner, always looking for the next class to attend, book to read or adventure in which to participate. I believe serving on the national board will be a wonderful experience and I am looking forward to giving back all that the association has shared with me.

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