

Raising kids
Eating right
Spending smart



get you started.

March is Living Well Month

Mary Liz Wright (IL), Vice President for Public Affairs

Help NEAFCS promote “Living Well Month” from now until the end of March.

Extension has been promoting and celebrating The Living Well Month for 20 years to raise awareness of the educational programming offered by Extension Family and Consumer Sciences educators. The NEAFCS web page has many ideas to

- Visit the [Public Affairs](#) tab on our website and you will find a plethora of tools, templates, and ideas to help you and your state celebrate Living Well!
- For social media materials: Visit [Promotional Material](#) for an easy way to promote this great campaign

Seriously, it could not be easier: **Just go to the webpage!**

- Include a “Living Well” logo with the slogan, “Raising Kids, Eating Right, Spending Smart, Living Well” on your email signature. The logos are available [online](#).
- Check out what other states have done---and [send me what your state is doing!](#)