

## **Step Outside of Your Comfort Zone** *Karen Munden (VA), Immediate Past-President*

Are you at a point in your career that you are seeking more satisfaction and opportunities to meet colleagues across the country? Are you telling yourself "I could have, I would have, or I should have", or are you just sitting back and letting life pass you by? If you answered yes to any of these questions, it may be time

to step outside your comfort zone. The biggest reason so many of us stay in our comfort zone is FEAR. F.E.A.R. only means False Evidence Appearing Real. So, I encourage you to step outside of your comfort zone and start a new adventure in discovering your true leadership abilities, talents, and skills by running for National Office. No matter if you are at the beginning of your career, mid-way through your career, or nearing the end of your career, I encourage you to visit the NEAFCS website and obtain a Candidate Application for National Office. Also, please remember to <u>email</u> me your application before **May 1, 2020**. I wish you much success in stepping out of your comfort zone.