

1992

NATIONAL ASSOCIATION OF HOME ECONOMISTS

58TH ANNUAL SESSION

OMNI SHOREHAM HOTEL WASHINGTON, D.C.

SEPTEMBER 27 - OCTOBER 1

WINTER BOARD MEETING

CLUBHOUSE INN AND CONFERENCE CENTER NASHVILLE, TENNESSEE

JANUARY 30 - FEBRUARY 1

MID-YEAR BOARD MEETING

PORTLAND REGENCY HOTEL, PORTLAND, MAINE

MAY 12 -16

1992

That Washington D.C. a place of ungoing change, was the site of the 1992 NAEHE annual session and seemed most appropriate as did the theme "CATALYST FOR CHANGE". Extension Home Economists had a challenge to become more proficient in public policy experiences, to become more knowledgeable of policies, and programs as affected by legislation, and to have the much needed opportunity to speak to issues of families with key leaders of our nation.

The goal of annual session was to strengthen public policy skills of each extenson home economist.

Objectives of the session were:

- * To enhance leadership skills necessary to bring about positive change for families.
- * To acquire knowledge of policies, programs and legislation that affects families.
- * To provide the opportunity to speak on behalf of families to key leaders and decision makers.
- * To expand skills to strengthen personal and professional development.

Sunday evening opening session included a welcome to DC. by Dr. Tilden J. LeMelle, President and Reginald W. Taylor, Acting Director Cooperative Extension Service both of the University of the District of Columbia.

Regional business meetings were the next order on the agenda for Sunday evening.

The first general session theme was "Advocacy in the 90's: Changing Policy, Changing Lives". Sharon Rodine, Chair of the National Advisory Board, National Women's Political Caucus and from Norman,OK. was the keynote speaker. Ms. Rodine's message was to encourage women to consider public office as part of their career path and life's work. She stated " When more women run for public office and win, we all win." Involvement in Public Policy was advocated with emphasis on policies supporting children and young people. Judy Weinkauf, President of National Association of Family and Community Education brought greeting and shared philosphy and issues of the day about families. The presentations at the opening session set the groundwork for the weeks learning opportunities.

First session provided " An Experience in Cultural Diversity" with a demonstration of Tai-Chi by Chih Cheng Pei, instructor in the art.

The second session heralded the National Associations President's in a panel on "The Challenge of Change". National presidents of 1992 were NACAA-William C. Kelly, Greensburg, PA.; NAE4HA-Dorothy McCargo Freeman, Richmond, VA.; Epsilon Sigma Phi-Marilynne J. Ross, Seattle, WA. and NAEHE-Lorna Loeffler, Klamath Falls,OR.

"Today's Issues-Tomorrow's Realities" were addressed by ES-USDA leadership, Dr. Myron D. Johnsrud, Administrator and Dr. Shirley Baugher, Deputy Administrator of Home Economics and Human Nutrition.

Nutrition and Safety were emphasis of the third general session. General Mills Inc. sponsored a breakfast, and the speakers, who were Alta Engstrom R.D. Director, Nutrition Dept. of General Mills, Minneapolis MN, with her topic "The American Breakfast Report" and Dr. James L. Nichols, Director, Officer of Occupational Protection Traffic Safety program, Washington, DC. who discussed the "National Seat Belt Safety Campaign".

The Kellogg Company sponsored the fourth general session breakfast. Teresa Nicklas, DrPH, LDN, Associate Professor of Tulane University Medical Center School of Public Health and Tropical Medicine, New Orleans, LA. shared her insight on "Eating Habits of Children-Implication for the Future"

Opportunities and the need for home economics and family living skills to be emphasized, to cause greater awareness and to be strengthened in cities was brought forward as a special Big City Issues program. "Extension in Big Cities:Catalyst For Change" was presented by Dr. Ruth Conone, Assistant Director, Home Economics, Columbus Ohio. This special committee was chaired by Shirley Barber. MN.

Proctor and Gamble hosted their annual breakfast for the NAEHE leaders, present and past. Their program was entitled "Procter and Gamble and Education".

Concurrent sessions with emphasis on youth programs, administration and research were opportunities for sharing success programs among members and ES:USDA staff. The 42 topics from listed states members were:

- A Parenting Education Program for Latinos.(CA.)
- Options and Opportunities in NAEHE.(NAEHE BOARD)
- Taking the Lead: Nutrition and Fitness Education for the Whole Family Through Video.(ES-USDA,NC.NY.)
- An Urban Success Story: A Coalition for Young Children and Families.(FL.)
- County Extension Administration- The New Challenge for Extension Home Economist.(OH.)
- Breaking the Cycle of Family Violence.(IL)
- Living Will Legislation-Choice for Families-Opportunities for Extension.(NJ.OR.)
- Open Your Electronic Window to the World-Explore Internet!(NY.MD)
- Keeping Life in Balance:Increasing Personal Effectiveness.(MD.)
- Team Mentoring for Boardmanship.(VA.)
- Basic Skills for Independent Living.(Diversity Award winner)(IA.)
- Extension: A Catalyst for Finding Child Care Solutions.(VA.)

Beyond the WFIP: Helping Clients Continue Taking Charge of their Finances.(NJ.)
 Educational Opportunities In Clustering (OH)
 Diversity In The Cooperative Extension Service.(ES:USDA)
 Action 2000: Turning Visions Into Realities for Communities.(OH.)
 Balancing Work and Family:Ohio's Answer.
 Serving Young Children At Risk: Age-Keyed Booklets Help.(ES:USDA.CA.DE)
 Coalition Building...The Do's and Don'ts. (IL.)
 Resources For Improving Financial Counseling Skills. (MD.)
 The National Water Quality Information Management System-Bibliography and Database.(IN.)
 Be A Better Leader.(NJ.)
 Hustling For Visibility:Building Coalitions For Results.(MD.)
 What One Person Can Do-Adult Mentoring of Youth, Teen Mothers and Other Parents.(OR.)
 Teen Assessment Program(WI.)
 Empowering Yourself To Become A More Effective Leader.(KY.)
 Extending a Vision For The Future.(IL.)
 Family Demographics: What Is The Status Of The Family In Your County. (WI.)
 The World's Largest Extension System, A Look At Extension In China.(OH.)
 A Cultural Walk.(OH. WI.)
 Comprehensive Training Program Of Public Housing In The District of Columbia.(DC.)
 Facing Crime Issues in Puerto Rico Through Community Action.(PR.)
 Altering Ethnic Diets To Improve Health.(NJ.)

Research and Studies Presentations:

School Lunch Nutrition Education Program. (WA)
 Wellness Program. (GA.)
 Teen Sexuality in Crockett Co. Texas.
 Heart Health Nutrition Education-An evaluation of the"Take Charge on Your Heart Health" program in Rural Upstate New York Co.
 Beliefs and Information Sources of High School Athletes Regarding Muscle Development. (NY.)
 Nutrition Education for Older Adults. (WA.)
 Check-Out Your Packaging.(ND.)
 Use and Care of Protective Clothing by Certified Private Pesticide Applicators. (SD.)
 A Comparative Evaluation of the Nutrient Intake of Preschool Children in Home Care and in Day Care.(NC.)
 A Comparative Study of Selected Employed Urban and Rural Women: Factors Related to Depression.(ND.)

Sponsored Educational Opportunities offered Monday evening were:
 A Revitalized Rural America, The Longaberger Story courtesy of The Longaberger Co. of Ohio.
 Aluminum and Alzheimer Disease: Is There Really a Connection? courtesy of The Aluminum Association, contact Media Relation and Public Affairs of DC.

Food For The Future courtesy of Monsanto Agricultural Co., contact OMK Health Communications.
Your Professional Image sponsored by Meridian Education Corp. IL.
The Lighter Side sponsored by The NutraSweet Co.
Cleaning Products..In Our Homes, in Environment courtesy of The Soap and Detergent Co. NY.

To continue with sharing of issues faced by Extension Home Economics, Dialogue Circles were provided for an opportunity for members to discuss the National Initiatives. The following are the topics and the state of the presider:

National Initiative: Building Human Capital
Leadership Pursuit and More (IN.)
Leadership In the 90's and Beyond (NE.)

National Initiative: Family and Economics Well Being
Alternative Housing Programs That Work (MI.)
Adapting Extension Curriculum To Reach Strict Religious Communities (OH.)
Home Economists: A Catalyst For Social Change..Free Medical Clinic (VA.)
Home Economists: A Catalyst For Social Change..Help With Housing (VA.)
Empowering Navajo Community Leaders to Extend Extension Family Life Skills (AZ.)
Infant Care Crisis-How One Community Responds (WA.)
Enhancing Parenting Skills For Diverse Audiences (TX.)
Supporting Family Self-Sufficiency (ES:USDA)
Financial Management Strategies For Caregivers (NJ.)
Family and Economic Well-Being; Health Care Decision (WI.)
Family and Economic Well-Being; Building Family Strengths In The Community (OH.)

National Initiative: Nutrition, Diet and Health
Improving Nutrition, Diet and Health: Nutrition and Lifestyle Factors (CO.)
Food Security and Demonstrated Applied Public Policy (MD. CA. FL.)

National Initiative: Youth At Risk
Empower Teens To Strengthen Families (DE.)
Taking Charge: Prevent Teens From Becoming Sexually Active (MO.)
Creating An Effective Teen Pregnancy Prevention Coalition: Reducing Numbers: Serving Needs (CO.)
Effective Parenting-Positive Self Esteem (NY.)
Empowering Parents of Teens (IA.)
Parent Action: Self-Development Schooling Project (WI.)

National Initiative: Revitalizing Rural America
Making the Grade-Addressing Community Change (TX.)
Families: Orchestrating Community Change (WA.)

Home Is Where The Business Is: Meeting The Needs Of The Home Based Business Owner (OH.)
Revitalizing Rural America-Community Problem Solving and Public Policy Concerns (IN.)
Revitalizing Rural America-Community Problems Solving and Public Policy Concerns (IA.)

The next educational sharing were within Issue Workshops presented by resources agencies or organization outside of Extension. The topics and resource are listed:

Using The Kiwanis Resource To Help Young Children: Kiwanis International
Drinking Water Policies and Solutions: Today Into The 21st Century:Water Quality Association and Office of Ground Water and Drinking Water, US EPA
Extension Related Highlights of the Penn State Nutrition Center: The International Food and Nutrition Database and "Eating For A Better Start": Penn State Nutrition Center
Health Care America: An Overview of AARP's Draft Health Care Reform Proposal: AARP Legislative Committee
"A World Of Difference": Anti-Defamation League "A World of Difference"
Public Policy Issues In Child Care and early Childhood Education: National Assoc. for the Education of Young Children
Strengthening Our Capacity To Care: Providing Increased Services To Youth At Risk: National 4-H Council
How To Be An Effective Advocate: AHEA
"What About The Children"-NAFCE Children and Television Project: NAFCE
National Coalition For Consumer Education-AT&T Credit Education Program:Be a Catalyst: Dept of Consumer and Regulatory Affairs and National Coalition for Consumer Education
Eating Better for Better Aging: Health Communications IFIC, Boston University School of Public Health, Duke University Medical Center

The Showcase of Excellence, Display Booths erected and manned by NAEHE members, visually shared their successful programs some of which had been selected as NAEHE award winners for 1992.

Infant Mortality Nurition Project (DC.)
Rickie Recycle, Rita Reduce, Rhonda Reuse (IA.)
Break and Learn: Adolescent Prenatal Nutrition Project To Catalyze A Change In A Community's Infant Mortality Rate (NJ.)
Family-A-Fair: A County-wide Coalition To Strengthen Families (OH)
Monroe County Nutrition Watch Project: A Catalyst for Change (NY)
Blue Ribbon Parenting (IN)

Household Hazardous Waste: Reduce, Reuse, Recycle, RETHINK
(MN)
Producer Through Consumer: Partners To A Safe Food Supply (IN)
R.E.C.Y.C.L.E.- Recycle Education Commitment For Your
Community, Land, and Environment (OH)
Master Recycler-Integrated Approach To Solid Waste Management
(AZ)
A Weigh We Go (OH)
How To Succeed In A Home Based Business (OH)
Youth At Risk: Adolescent Eating Disorders (OH)
Snack Smart (FL)
Credit Basics (NY)
Clark County Water Quality Project (WI)
One-On-One Conversation Partners (FL)
What's Safe To Eat In The Land Of Plenty (GA)
Rethinking Policies and Choices: Household Hazardous Waste
(KY)
Living on a Reduced Income (MD)
Facing Iowa's Issues-Iowa Public Policy Education Project
Seeing Is Believing: Use Of Fat Models in Nutrition Programs
(AZ)
Enhancing Self-Care Among The Elderly (OR)
Teen Sexuality Fair (OH)
Celebrate Families (WI)
FOCUS: On Family Well-Being Research (OH)
Planning For Profits: A Program To Address The Needs Of
Creative Professionals (HI)
What Alternatives Work?-Cleaners That Aren't Household Hazards
(WA)
Valuing Diversity: A Workshop For Teachers, Caregivers and
Leaders Of School Age Children (GA)
Nutrition Teaching Kit (IA)
Adapting Extension Curriculum To Reach Strict Religious
Communities (OH)

RESEARCH AND STUDIES award winners.

Diabetic Seminar (TX)
Career Expectations of Gallatin County High School Students
(KY)
Training Needs of Long-Term Care Facility Staff (NJ)
Education-Key to Source Reduction (IL)
The Role Long Term Friendship Plays In The Lives of Adult
Women Over Time and Across Life Events (OR)
Assessing Specific Needs of Hispanics In Yakima County in
Family Living and Youth Programming (WA)
Diversity Award/Minority Network Committee (WY)
Demographics Project (MI)
Noonlighting Videos (NC)
Teen Progressive Conference (AL)
Nutrition Educational Materials For Pregnant Adolescents
(WI)
Smart & Healthy Supermarket Nutrition Tours (NJ)
Mental Health and Wellness Resources From AARP
Family "School Success" Program (WI)

Controlling Your Finances: The Emotional Aspects of Managing
Money (NJ)

ASSOCIATION BUSINESS

Business of the NAEHE in 1992, was diverse but had an emphasis relating to the future of the Association. As one recaps the actions, thoughts go back to previous studies and surveys. In 1991, Dr. Margaret A. White Associate Professor of Management at Oklahoma State University noted the potential political force of NAEHE and the need to be more aggressive in meeting the needs of the members and constituents, not a new point but one needing reemphasis. Involvement of young members to meet the demands of the future was continued concern. Establishing goals for the future which would give direction for change and strengthen the Association was viewed as a great need and an opportunity.

The leadership of NAEHE took these observations to heart and worked on Strategic Planning. The mission of NAEHE as restated by committee is to support its professionals in accomplishing three visions for the future of the Association. They are: NAEHE is the VOICE of its members in program development, and provides the NETWORK for the members and its publics, so that the development of the professional can EMPOWER clients to make informed decision.

Drafts of the strategic plan were shared with members this year and address the issues of Internal Communications, External Communications, Developing a legislative "Voice", Utilizing member resources, Providing a network of information and sources, Establishment of effective office headquarters, Development of, implementation and maintenance of sound fiscal management and finally, Defining accountability. With this will also come a restructuring of the Executive Board and Committee system.

There are many changes in store and the members look toward positive results and a stronger professional organization.

Coalition building was a goal of the leadership when the board at their Winter Board meeting selected "The Plight of the Young Child" as a leading issue around which to develop a coalition of other organization. The effort will accomplish several results, one serving the young child plus creating awareness and a working relationship with other nationally recognized organizations and agencies.

The Home Economics Public Policy Council has representation from NAEHE which is another opportunity for coalition building. The HEPPC priorities are also in the framework of Families and Youth at Risk and are; Education and Literacy, Health Issues, Environmental Issues, Economics Issues, and Relationship and Dynamics (Family Violence). Joyce Carlen, TX. replaced Jan Hartough, MI on the Council.

A Joint Public Policy Conference in 1993 and the Galaxy Conference in 1997 are other means of working together or as a coalition,

Partners being the National Association of County Agricultural Agents and the National 4-H Agent Association and Epsilon Sigma Phi.

Training opportunities for Youth at Risk programs, facilitated by National 4-H Council, gives extension staff nationwide the chance to apply for 30 \$1000 grants. The selected recipients will be recognized at the 1993 Annual Sessions of the professional extension associations
The funding for the Youth at Risk curriculum and training awards has been awarded to the Extension system by DeWitt Wallace/Reader's Digest.

Changes called for in the NAEHE constitution and approved at the annual business meeting had to do with terms of office.

(1) Members can serve for one term in the same office or no more than 5 Years on the executive board except for election as President-Elect.

(2) A president may serve as the immediate Past-President for one year.

(3) If there is a vacancy of the Immediate Past-president, the most recent past-president will fill the position.

A resolution was approved to incorporate plans of the United Nation's Year of the Family into the 1994 program.

The decision was made at Mid-Year Board, with approval given at Annual Session Business for THE REPORTER to be published only two times each year, and the awards information to be distributed in separate mailings, billed to the awards fund. The COMMUNIQUE will continue to serve the membership. An Executive Board decision was made to no longer accept paid advertisement for the REPORTER or COMMUNIQUE.

In 1992, the REPORTER listed Honorary members and an application form for Honorary membership. Qualifications for candidates for national office were also printed as was an application for National office, both in an effort to better communicate with the individual member. (Dec. 1992)

PROGRAM OF WORK

Membership committee chair Joyce McDowell, OH. reported approving forty applications for Honorary membership, an article in THE REPORTER aided in information about honorary membership. This committee is responsible for the sale items for the association working with the National 4-H Council. A directory of members who have had Global experiences was made available at the 1992 Annual Session. Concerns relating to membership to be address by the committee had to do with qualifications and procedure for honorary membership and tracking of honorary members; how to involve new and honorary members and creation of a membership card.

Minority Network committee had a productive year, a highlight being the establishment of the first Diversity award. External funding has been secured for 1993. Other objectives were to provide professional development and training which was accomplished with a concurrent session by Dr. Curt Deville, ES-USDA AA/EEO director on the "Cooperative Extension Strategic Planning for Diversity; an issues workshop "World of Difference" looking at values and beliefs of various cultures; and a committee sponsored "Opportunities for Home Economists" display showing job and workshop opportunities, international travel and study options.

The committee chair Virginia Ann Romero, WY. was asked to serve on the ECOP Planning Committee for National Extension Diversity Conference, and AHEA Ad-Hoc Committee to educate immigrants.

Professional Improvement committee announced that 55 applications were received for Continued Excellence Awards. At the request of the Awards Committee a videotape is being developed to assist potential award applicants in completing their applications. Professional Improvement chair Barbara Tricinella, OK. served on an advisory committee in the development of the "Strengthening Our Capacity to Care" a nationwide staff development and training project on youth at risks. A four year project, funded by Dewitt Wallace-Readers Digest held a Leadership Summit in Sept of 1992, and provided 30 \$1000 grants to extension staff working in the youth at risk area. The grantees will be recognized at their respective national associations in 1993.

Public Relations committee took up the unfinished task of a Media Project which ultimately addresses the image of NAEHE and the members. The task being to develop a promotional and informational brochure, to coordinate media efforts and to develop Public Relations material especially for the Legislative event to be held with Congressmen and Senator in the Washington, DC. setting. Targeting publics and focusing on how others viewed the Association and its members were items from the portion of the Media project that had been accomplished within the confines of the Florida contract that was discontinued in 1991.

The chair, Marie Anglin, TN. planned four newsletters for committee and State presidents encouraging award competition, ideas for effective committee work, and how to mentor, an important link to membership. A Public Relations Handbook was made available to state committee chairs.

Public Policy Education Forum was held March 4-8 1992 at the National 4-H Center for 61 people representing 31 states and Puerto Rico. Happily a \$2000 profit realized from this will defray the cost of the Chair and Chair-Elect to attend the Farm Foundation Public Policy Education Forum.

Chair, Geri Hammond, MD. reported 21 entries in the Public Policy Education award competition. (see Award section) In 1993, NAEHE will participate in the joint Public Policy Education Forum with other extension professional organizations. Two hundred are expected to attend the forum tentatively set for March 7-9 1993.

Research and Studies committee is responsible for promoting and recognizing home economics research among NAEHE members. In 1992, eleven members submitted for the Excellence Through Research award. Nutrition Education Research sponsored by Nutra-Sweet and supporting food and nutrition research was entered by 4 members with the chance to share in concurrent sessions and the Showdase for Excellence. Fourteen members submitted to take part in the concurrent session or posters displays and ten abstracts and three papers were submitted for publication in THE REPORTER.

Annual Session Committees typically work very hard to create a memorable session. The Site Coordinator Marilyn Gore, DC. had 6 members to accomplish the seemingly impossible task but accomplish it they did with the assistance of the Eastern Region members. To see and feel the aura of government in place was a special opportunity and educational experience for members.

Arrangements committee works with the Hotel to provide needs for workshops, special functions and office space for committees. Chair Anita Reed, GA. and her committee members were responsible for coordination of space, equipment and speakers needs during each days schedule. A full committee list numbers forty eight.

Exhibits committee are responsible for planning the yearly exhibition, recruiting and making the arrangement for the exhibition. In 1992, 74 exhibitors uses 90 spaces, nine exhibitors were new to the system. There were twelve and one-half hours provided in the schedule for members to view, to glean information from businesses that relate to needs of client of the Home Economist. in addition, six companies were selected for presentations during educational seminar time. Mary K. King. Oh. chaired this committee.

Registration committee, chaired by Sheila Craig, MN. had the detailed task of monitoring and handling the registration desk during session. 1991 and 1992 were the first years that the Executive office actually handled each registration with the committee preparing the members informational packets. The registration form is now translated in Spanish for members.

Study of the Executive Director position will be continued, with consideration being given to location, operational costs and time needed for the position. The office personnel responsibilities are in refinement as time and experiences warrant. Many detailed tasks can be accomplished by this staff to lighten the load of officer and committees of the association. It appears that the membership records, the role of the annual session committees will profit much from this assistance.

AWARDS

To encourage greater participation in the award application process, previous recipients of any award or fellowship, except DSA and Continued Excellence will be eligible to apply for the same award after five years.

Team awards recognition will be noted with the active NAEHE member receiving the designated recognition and the non-members will receive an appropriate certificate. This change is to help keep within the budget constraints.

Six hundred and thirty members applied for awards, and recognitions in 1992.

Honorary membership was bestowed upon 40 retired Extension Home Economists. Distinguished Service was presented to 75 Home Economist and Continued Excellence was awarded to 55 NAEHE members.

The **GREEMWOOD DOCTORAL FELLOWSHIP** of \$3000 was awarded to Patricia S. Rychter, WI. who specified her interest providing the research, educational background and direction for futuristic program planning through Extension Home Economics.

Natalie M. Ferry, PA. received the \$2000 **NAEHE FELLOWSHIP** to pursue her Doctorate in Adult Education and to assume new roles of leadership in Cooperative Extension.

The first runner-up awarded the second **NAEHE FELLOWSHIP** of \$1000 was earned by Barbara M. O'Neill, NJ. Barbara will pursue a Ph.D. in consumer/family financial management.

Two **GRACE FRYISINGER FELLOWSHIPS** for \$1000 each were presented in 1992, one to an individual the other to a team. Rose Pearce, LA. will visit Oregon and California to study energy management; Barbara M. O'Neill and Rita T. Wood, NJ. will study the organization and program outreach of Money Management Centers in three states, one a site visit, the other via telephone interviews.

PUBLIC POLICY EDUCATION award went to Esther W. Shoup, CT. who facilitated public television discussions on volatile proposals for raising state revenues. 30,000 citizens were exposed to the views on the central issue. Martha Ray Sartor, MS. received the second award for addressing Adult Literacy in Bolivar County by instituting a county literacy council. A budget of \$40,000 was funded to reach 10,000 people in two years. These awards of \$1000 each is sponsored by the Farm Fountation.

Six **FLORENCE HALL** Awards are funded by NAEHE in memory of Florence Hall who personally started the award in 1952. From Alabama, Agnes Coleman Fields and Betty Harris Wilson received the award for their Latchkey program to train volunteers to teach children safety and survival skills. Jan Nixon, CO. involved the businesses, youth and adults in collection of 213 ton of newsprint to demonstrate citizen concern commitment, and feasibility of recycling. A home study course on "Balancing Work and Family Life" was developed by Jan R. Bennett, FL. to help employed parents successfully combine job and family. A team from Illinois identified "Caregivers of the Elderly" as an audience needing assistance. They wrote 9 fact sheet, 2 audio tapes, logo, news release, an evaluation instrument, tested the program and made it available state wide. Team members are Diane G. Ryals, Treva T. Walker, Ann Marie Marshall, Cheryl L. Bielma, and Mary E. Fouts. June P. Cash, OK. involved Family Community Leadership team to focus on environmental issues of waste

management, recycling, and water quality. 9000 took part in the education. "On My Own and OK" was the latchkey program developed by Christine A. Tomascik, PA. A positive impact was felt by 1894 children and 252 parents.

COMMUNICATIONS AND MEDIA Awards were sponsored by American Income Life Insurance Co. and Heinz U.S.A.

Newsletter 1 "FOCUS, For Families of the San Luis Valley" touching on all areas of family living was put forth by Jacque L. Miller, CO. Newsletter 11 dealing with today's critical issues impacting on personal and economic need and concerns of families was written by Darly L. Minch, Rita T. Wood, Ioria A. Meyer, and Audrey C. Burkart from NJ.

Winning the news article competition were an editorial who distributed to Extension Home Economists releases on parenting school-age children. The team consisted of NJ Home Economists Rosemarie J. Milza, Karen C. Morgan, Sylvia F. Griffin, Eileen G. Morgan and Karen Greenlaw Bieri.

Paz N. Varela Berrios, PR. has recorded fifteen minute weekly radio features reaching 30,000 listener. topics were family strengths, youth at risk, food safety, diet and health, water quality and revitalizing Rural America. Florida home economist Elaine A. Courtney developed a tutorial computer program "Don't Throw It Away". It listed questions on recycling and was in color graphics and sound.

The above items were sponsored by Heinz U.S.A. with \$200 grants.

The American Income Life Insurance Co. gave seven \$200 grants for the following: Radio Spot by Ingrid J. Lindberg, SD. on making stress work for a person. TV Feature was awarded to Diana L. Mires, FL. for her video tape on "Understanding Sibling Relationships". A TV Instructional Video was created by Holly Berry, OR, and Margaret A. Viebrock, WA. titled "Growing Healthy Bodies" allowed day care providers to think and discuss positive solutions to problems of childrens eating patterns. Beth Switzer, IN. developed Overhead Transparencies used to lead discussions on foodborne diseases, food safety and food products. Susan H. Uthoff, IA. made up a Slide Set to help clientele find a way to reduce solid wastes produced by a family.

A team from IA. developed a Package Program for 9-11 year olds entitled "Finding the Balance", aimed at helping youngsters feel ok about their individual physical makeup. Team members were Sharon Johnson, Donna K. Donald, Patricia Swartzlander and Sharon R. Wastaney. A second Package Program, "Nobody's Perfect", also touched the theme of young peoples perceptions and attitudes about physical appearance. Nancy Frosaker Johnson, MN. and Connie Weed. ND. were the recipients of this second \$200.

GENERAL FOODS CONSUMER CENTER MEDIA GRANTS went to four individuals and one team emphasizing nutrition. A slide set and fact sheet on dietary guidelines will be created by a NJ. team of Dianne S. Lennon, Rosemarie J. Milza, Karen M. Ensle, and Darly L. Minch. Susan L. Mills MO. developed a display with quiz on sports and fitness nutrition. From Maryland, Ruth K. Miller will produce

fifteen nutrition education shows for cable television in ten counties. Julia M. Zee, HA. will educate the public with slides and grocery bag stuffers teaching balanced eating habits with low fat local foods, recipe modification, and safe food handling for picnics, parties and luaus.

MONSANTO AWARD was presented for outstanding programs on a Safe Nutritious Abundant Food Supply and was won by Vivian Har Crisman, NY. for a program titled "Take Charge of Your Environment, and to a team from Nevada on "Healthful Eating with Commodity Foods". The team of Joyce M. Woodson, Karen L. Hinton, and Mary Dodds provided the materials to 18,000 commodity food recipients throughout the state.

Janet A. Dickerson, SD. developed available procedures for laundering clothing worn while handling pesticides for her winning project in the **OUTSTANDING LAUNDRY EDUCATION AWARDS** 15,000 magnets with instructions were distributed at certification seminars for applicators of pesticides. Beverly Healy, ID. was recipient of the second Outstanding Laundry award with her program relating to changes in laundry additives, water quality and helps for the consumer to cope with laundry problems.

FINANCIAL MANAGEMENT AWARD is sponsored by NAEHE. Certificates were given to John Rebar, ME. for assisting families to make informed decisions through a program titled "Good Ideas for Tough Times", and to Maria C. Young, NJ. for "Controlling your Finances, The Emotional Aspects of Managing Money" a program that looked at attitudes, values and lifestyles.

NutraSweet sponsors three \$500 awards for **NUTRITION EDUCATION RESEARCH** Carolyn Ainslie, GA. joined forces with local health resources and Doctors to sponsor a Wellness program dealing with diabetes, heart disease and cancer. In Texas, Carolyn J. Nobles, Linda Vogel and Kathy Smith developed a comprehensive tri-county four month long program on Diabetes, using all media, screening and ending with a Diabetes Seminar. Margaret A. Viebrock, WA. conducted a survey about the local school lunch and worked to develop new menus that increased acceptance among students, teachers and parents plus increasing the nutritional value as tested by diet analysis computer program.

NAEHE sponsors the **EXCELLENCE THROUGH RESEARCH** award of a \$100 grant. Anne-Michelle Marsden, NJ. conducted her research on "Training Needs of Long Term Care Facility Staff", the staff perception of elderly residents and their families, the communication and personal growth issues and revealed a difference in how staff deal with the elderly and what training was needed. Anne E. Slocum, NY. evaluated a heart health nutrition education program and that changes in practice corresponded to the "Take Charge of Your Heart Health" program. Tedra L. Ulmer, TX. did a study of teen sexuality in her county and was able to create an awareness and gain ed support for a community wide sexuality program for early sex education. Nutrition Education of Older Adults was the topic of the research and evaluation done by Mary C.

Chesney, WA. Her Low Fat education program was given at Senior Centers and resulted in participants making low fat dietary changes.

PARAPROFESSIONAL AWARD was earned by Elizabeth Uy, DC. who has worked with Asian and minorities since 1974 teaching the "Skills Training Series".

The 1992 **EXHIBITOR RECOGNITION** was presented to the following:

Coats and Clark	45 years
SC Johnson Wax	35 years
Faultless Starch/Bon Ami Co	30 years
National 4-H Council	30 years
Dow Brands	15 years
American Egg Board	15 years
Corning, Incorporated	15 years
Kraft General Foods	10 years
Monsanto Co	5 years
USDA Rural Information Center	5 years
Elna, Inc	5 years

History summarized by Faith M. Cahalan, South Dakota
Historian, 1992 to 1995