



# IMPACT 2024

Through Extension programs across the nation, Family and Consumer Sciences Extension Educators provide a multitude of Educational opportunities to meet the needs of diverse audiences.

## FCS & STEM

Extension Family and Consumer Sciences STEM (Science, Technology, Engineering, and Math) programs provide research-based information with consumer and career-related resources to communities for both youth and adults.

**Oklahoma:** STEM is hidden throughout Family and Consumer Sciences programming. With electric jam makers and countertop water bath canners, this *Strawberry Jam Workshop* was conducted 23 times, introducing a young audience to the traditional FCS program of home food preservation. There were 340 participants and six community partners. As a result, 87% of participants plan to use safe food preservation practices.

In **Kentucky**, with the *Master Clothing Volunteer Program*, a total of 20,206 participants were reached by 125 trained Master Clothing Volunteers across the state. These volunteers taught 5,930 hours of clothing construction and other sewing-related skills. Additionally, they contributed 3,356 hours of community service and leadership activities related to sewing or



needlework.

Reading scores have declined across **Arizona**, especially among minoritized groups, including Native American children. Families and early childhood professionals reported using at least 50% more early literacy practices after participating in Extension culturally responsive literacy programming in two rural tribal communities. *The Gowa: Teachable Moments for Apache Children and Baby College 101: Course for Alchíní Yázhí* program was conducted 55 times, reaching a total of 476 participants and included 12 community partners.

When asked what they found most useful about the professional development workshop, one participant responded, *“Just feeling comfortable being indigenous. It’s great to see that there is a native influence in language and literacy that we can all relate to.”*

The University of **Arizona Pinal County Cooperative Extension Wellness App** was used by 667 participants. This free health and wellness app brings together numerous community partners throughout the county in one, easy-to-use application. Participants can access and upload community events, park and trail features, farmers market information, and browse 200+ recipes.

**Stay healthy with just one tap.** 



Fresh food, recipes, and fun activities are within reach. Download the free app today! [PinalHealthy.com/app](https://PinalHealthy.com/app)

SCAN OR VISIT 

A joint project with:





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*"Working alongside Pinal County and Arizona Health Zone to leverage technology and bring about improved health outcomes has been a rewarding experience. The app truly embodies our mission to improve lives, families, and communities."*

In **Arkansas**, *Grown-Up-U: Facts for Success* podcast program focuses on critical life skills needed for young adults to successfully navigate decisions and pitfalls of "adulting" in the real world. **Arkansas** Extension Agents have reached 2,757 contacts and developed parent/educator resources.

*Raising kids, Eating right, Spending smart* 

The **Utah Clothing and Textile Training** program involved six community partners and included 160 participants involved in two separate training sessions. The two-day training follows the experiential learning model and offers classes to empower 4-H leaders, volunteers, and FCS teachers in sewing and textile projects, who then teach the skills taught to over 9000 students/4-H youth.

*"I loved every second of it! Thanks for putting on such a good conference! The projects were a lot of fun and I will be able to use them in my classes with students!"*

**National Extension Association of Family and Consumer Sciences (NEAFCS)** provides professional development for Extension professionals who improve the quality of life for individuals, families, and communities and provide education in the areas of: Childhood Obesity Prevention; Community Health and Wellness; Diabetes Prevention and Management; Financial Management; Food and Nutrition; Food Safety; Healthy Homes and the Environment; Improving Children's Lives; and Protecting our Resources – Family Life. NEAFCS is an equal opportunity/affirmative action association. NEAFCS values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of race, color, gender, age, religion, national origin, disability, veteran status, or sexual orientation. Membership is not by invitation. (Strategic Plan 1993-97)